

# Aqua Jets Swim Club Distance Meet

October 31, 2009

McCann Natatorium, 70 Park Circle, Milford, CT 06460

Held under sanction of USA Swimming and Connecticut Swimming #S09-11

## EVENTS:

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Women	Event	Men
1	1000 YARD FREESTYLE	2
3	500 YARD FREESTYLE	4

**Meet Director:** John McCann ([john.p.mccann@snet.net](mailto:john.p.mccann@snet.net)) 203-878-1914

**Meet Referee:** Jeff Ukleja 203-931-9679

**Entry Chair:** John McCann ([ajsc@snet.net](mailto:ajsc@snet.net)) 203-878-1914

**Safety Chair:** Rich Enders

**POOL EMERGENCY NUMBER:** 203-878-8432

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed finals. The 1000 Free will be swum fastest to slowest, alternating women & men. The 500 Free will be swum slowest to fastest, all Girls first, then all Boys.

**SCRATCH PROCEDURES:** Positive check-in required no later than 15 minutes after start of warm-up for each event. Swimmers not checked in will be scratched.

**FACILITY:** The McCann Natatorium is a 6 lane, 25-yard pool with a depth of 13 feet at starting blocks. IST automatic timing. Spectator seating on second floor balcony.

**DISABLED ACCESS:** Handicapped parking available. Handicapped accessibility is not available to second floor; however, space will be available on the pool deck. Individuals needing assistance should contact the Meet Manager before the start of the meet. Handicapped rest room facilities are available in the women's and men's locker rooms.

**COURSE:** SCY

## EVENTS:

Women	Event	Men
1	1000 YARD FREESTYLE	2

**SESSION TIMES:** 1000 FREE: Warm-up at 8:00 am Start at 8:30 am 500 FREE: 30 minute warm-up beginning no earlier than 10:30 am

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. .

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**ENTRY TIMES:** Submit entry times in: SCY. No Times are discouraged.

**DEADLINES:** Entry deadline is October 26, 2009. Mail hardcopy and payment to the entry chairperson: John McCann, 18 Point Lookout, Milford, CT 06460. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Formal team entry date is determined by the date on which entry hard copy and entry fee are received.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [ajsc@snet.net](mailto:ajsc@snet.net)). Please check that your team name, address, and contact information are listed correctly in this file. An original paper copy of the entry must also be submitted. Paper copies may be submitted on the official entry form or a computer generated facsimile. Electronic entries will not be considered final until receipt of the entry fee.

**ENTRY FEES:** Electronic entries: \$6.00 . Manual entries: \$7.00 . No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to AJSC and mail to: John McCann, 18 Point Lookout, Milford, CT 06460 Payment must be received by 10/28/09.

**CUT PROTOCOL:** Teams will be entered in order of date and time of entry receipt, on a space-available basis. The meet may close prior to the entry deadline. Clubs will be notified of cuts no later than the Wednesday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time.

2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Swimmers must provide their own timers and counters.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** No

**AWARDS:** None

**CONCESSIONS:** Yes, on upper level.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Beverages.

**PARKING:** Ample parking available.

**DIRECTIONS:** The McCann Natatorium is located at 70 Park Circle, Milford, CT 06460. Take Interstate 95 to Exit 39A (Route 1, South). Turn right off exit. As soon as possible, get into far left lane and continue straight ahead (Route 1 bears right). This is Cherry Street. Stay on Cherry St. to fourth traffic light (at top of small hill), turn left onto Gulf Street. Go under railroad overpass, through traffic light to the next street (Evergreen Ave.), turn left. Parking lot is straight ahead. Natatorium is at far side of lot.