

CONNECTICUT SWIMMING, INC.
SHORT COURSE
CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP
March 12-15, 2009

Held under the sanction of USA Swimming, and Connecticut Swimming Inc. #S08-67

The Connecticut LSC Championships will be held at Wesleyan University's Freeman Athletic Center in Middletown, CT. This meet is open to all Connecticut Swimming USA registered teams and swimmers who meet the eligibility criteria and time standards (included).

MEET DIRECTOR: Chris Hug 860-918-3285 chug@rc.com

MEET REFEREE: Monica Prangley 203-334-2249 mhprangley@aol.com

MEET ENTRY INFO: Nan Cooper 860-657-1164 office@ctswim.org

SAFETY CHAIR: Bruce Collins 203-445-1972 attybcollins@charter.net

EMERGENCY PHONE: Facility Monitor: 860-685-2690 Pool deck: 860-685-2915

Any questions regarding the meet, prior to competition, should be directed to the contacts listed above. 2009 USA Swimming Rules will govern this meet.

FACILITY: Wesleyan University's Freeman Athletic Center Pool.

- Thursday evening & all AM sessions will be conducted in two six-lane courses. (N.B. If time permits, one or more of these sessions may be held in one nine-lane course.)
- All other sessions will be conducted in one nine-lane course. (N.B. If time requires, one or more of these sessions may be held in two six-lane courses.)
- Colorado Timing System; limited spectator seating; refreshments.
- Locker rooms: No locks may be left on Wesleyan lockers. No shaving on premises is permitted. No access to faculty locker rooms is permitted. Failure to comply may result in expulsion from the meet.

DISABLED/ELDERLY ACCESS: Limited handicapped parking available behind the Freeman Athletic Center. Disabled access is through front entrance only. Elevator in front lobby to locker rooms and pool deck. Spectator area is to the left of front lobby. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

OUTREACH POLICY: CSI has adopted an outreach policy as of October 18, 2007 to enable Outreach athletes to enter this championship meet with their entry fees waived. Further information is set forth in the Entry Fee Section set forth below.

DIRECTIONS:

From North: Take I-91 S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take right onto Rt. 66 W. At junction of Rt. 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street-pool will be immediately on your left.

From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street-pool will be immediately on your left.

PARKING: No parking will be permitted on the street directly in front of the Athletic Center or on any

practice field. Wesleyan will tow illegally parked cars. Please plan to park in the lot next to the tennis courts on Vine Street.

ELIGIBILITY CRITERIA: Teams and swimmers must be 2009 *CSI-registered members* of USA Swimming. **A participating swimmer must have swum in at least one regularly scheduled CSI-sanctioned meet in the 2008-2009 Short Course schedule.** Swimmers must achieve the attached COT for events entered. Swimmers must have equaled or bettered their entry times since January 1, 2008. The swimmer's age as of March 12, 2009 governs age group participation for the entire meet.

ADAPTED SWIMMING: Any CSI-registered swimmer with a disability as defined by USA Swimming Rules and Regulations should refer to the CSI Adapted Swimming Policy and CSI "A" disability time standards available on ctswim.org.

GENERAL MEET INFORMATION

RULES: Swimmers on deck must be supervised by a USA Swimming registered coach. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Coaches not affiliated with a CSI registered club may be on deck only for those sessions in which they are coaching associated unattached swimmers. Only swimmers entered in this meet shall be allowed in the pool during warm-ups/ warm-downs. Children not participating in the meet must be supervised at all times by an adult and are not allowed on the pool deck for any reason. Swimmers entered in the meet who are not participating in Finals may be allowed on the pool deck to cheer teammates. Non-participating swimmers must be dressed in team or other appropriate attire. The Meet Director and Referee reserve the right to limit such deck access in the event of overcrowding, inappropriate behavior or for any other reason. CSI Rules of Conduct will be strictly enforced.

FEES: Splash Fee: \$5.00 per individual event, \$10.00 per relay. A \$2 per swimmer entry fee applies to relay-only swimmers. If no electronic entry is provided, there is a \$5 manual entry fee per swimmer..

SCHEDULE:	<u>Ages</u>	<u>Warm-Up</u>	<u>Start</u>
Thursday Evening	18 & under	4:30 p.m.	5:30 p.m.
Fri-Sat-Sun Prelims	13 & over	7:15 a.m.	8:45 a.m.
Fri-Sat-Sun Prelims & Timed Finals	12 & under	12:30 p.m.	1:30 p.m.
Fri-Sat-Sun Finals	11 & over	5:00 p.m.	6:00 p.m.

COACHES' MEETING: A brief coaches' meeting will be on Friday morning at a time designated by the meet referee and as necessary on Saturday and Sunday. Please consult your packet for meeting time.

- All 10 & under events and all relays, whatever age, will be timed finals.
- Two heats (top 18) of preliminary/final events will return in the evening for finals.
- The **11/12 500 Freestyle** will be conducted as a timed final. All other 11/12 events will be conducted as trials and finals, with the fastest eighteen swimmers returning for consolation and championship final heats in the evening session.
- The 13/14 and 15/18 500Y Freestyle and 400Y Individual Medley events will be conducted as trials and finals, with the fastest nine swimmers returning for championship final heats in the evening session. Scoring will be for the top eighteen places.
- The 13/14 and 15/18 1000Y & 1650Y Freestyles will be conducted as a timed finals and have distinct qualifying times, but the events shall be seeded as single women's and men's events. Awards and points shall be determined in 13/14 and 15/18 categories. All other 13/14 & 15/18 events shall be conducted as trials and finals in 13/14 and 15/18 categories, with the fastest eighteen swimmers returning for consolation and championship final heats in the evening session.

ENTRIES:

- Swimmers may enter any individual event for which they qualify, but may only compete in six (6) individual events for the meet and a maximum of three (3) individual events per day.
- Clubs may enter up to three relay-only swimmers per age group per gender (i.e. 10/U Girls, 10/U Boys, 11/12 Girls, 11/12 Boys, etc.)
- Each club may enter up to three relay teams per relay event, except for the 800 freestyle relay where each club may enter only one relay team per 800 relay event. Swimmers entered in relay events **only** must be listed on the meet entry form; their USA Swimming numbers and ages must be included. Except for Online Entries, **mark relay-only swimmers clearly in red on the entry hardcopy**. Relay-only swimmers must be on disk for computer entries. If they are not on disk and marked on the hardcopy, then the entry will be returned. "No-times" for relay events are strongly discouraged. Please estimate or use a composite.
- Except for Online Entries, unattached swimmers (UN) must be clearly marked in RED along side the swimmer's name on the entry form. Hytek users: do not create an "UN" club. Instead mark unattached swimmers on the hardcopy.
- Coaches wishing to change the attachment status of swimmers during the meet should bring such requests, which must be consistent with USA Swimming rules, to the Administrative Referee.

PROOF OF ENTRY TIMES: All entry times must be pre-proven. Except for Online Entries, list the date, meet and location where times were achieved on the summary sheet of the entry form. The results of any USA-sanctioned meet or a meet attested by a USA Referee or CIAC/ Independent Referee will be acceptable as proof of time. Pertinent pages of the meet results from other than *Regularly Scheduled CSI meets* must be included with entry (see USA Rule 102.24). Failure to pre-prove an entry time will prevent the swimmer from being entered in that event. Out-of-state meet entries may be proven by sending a copy of the cover page and relevant results. **Proof of time is the responsibility of each coach.** In accordance with CSI policy, (Integrity Statement 1/25/94), the Club from which a swimmer's time cannot be proven, shall be fined the sum of \$100 per event. The \$100.00 fine must be paid by May 1, 2009, to the Connecticut Swimming office.

SEEDING: Swimmers may qualify with times from 25 yard, 25 meter or 50 meter courses. Qualifying times shall be seeded as follows: All conforming times (SCY) shall be arranged from fastest to slowest. Then non-conforming long course meter times (LCM) will be arranged in time order followed by non-conforming short course meter times (SCM). All times done in other than a 25 yard course must be marked on the entry form by writing SCM or LCM in **red** at the entry time. Computer entry files should be coded to indicate the course in which the time was achieved. *A swimmer entered into this meet with a non-conforming time may not update that time with a SCY time achieved after the original entry has been received.*

AWARDS & SCORING:

- Individual & Relay Events will be scored to 18 places. For individual events, medals will be awarded through 9th place with ribbons awarded from 10th through 18th place. For relay events, medals will be awarded through 3rd place.
- Individuals and relay teams winning first place will also receive an Age Group Champion award. High point trophies will be awarded to the individual female and male swimmers and to the women's and men's teams who score the most points in the 10 & under, 11/12, 13/14, & 15/18 categories. Additionally, "Distance" high point trophies will be awarded to the female and male swimmers who score the most points in the following categories:
 - 10/U - 200 Free, 500 Free and 200 IM
 - 11/12 - 200 Free, 500 Free and 200 IM
 - 13/14 - 500 Free, 1000 Free, 1650 Free and 400 IM
 - 15/18 - 500 Free, 1000 Free, 1650 Free and 400 IM
- **All teams must make arrangements to collect their awards prior to leaving the building on Sunday night.** CSI will not be able to provide storage or shipment of awards.
- *Scoring Table:*

Individual Events: 22-19-18-17-16-15-14-13-12-10-8-7-6-5-4-3-2-1
Relays: 44-38-36-34-32-30-28-26-24-20-16-14-12-10-8-6-4-2

WARM-UP, SCRATCH, RELAY & DISTANCE EVENT PROCEDURES

CHECK-IN/WARM-UP: All teams must warm-up under the supervision of a coach or marshal. Swimmers without a coach in attendance must report to the office and have a supervisor assigned. Lane assignments for general warm-up will be provided in the coaches' packets and are subject to the discretion of the Meet Referee. No diving will be permitted, except in the assigned lanes during one-way Sprints. Pace lanes will be available during sessions. Due to limited warm-up space, **only swimmers entered in individual events or expected to swim relays in each session may enter the pool in that session's warm-up period.**

SCRATCHES:

- Positive check-in will be required for Thursday night events by 5:00 p.m. on Thursday, March 12. Scratches for all other sessions are due at the computer table 15 minutes after the beginning of first warm-ups. Teams assigned to second warm-ups are NOT exempt from this requirement. Positive check-in for the 1000 Freestyle events will be required by 5PM on Saturday.
- For Thursday's distance events, swimmers must positively check in by the scratch deadline or be scratched from the event (the scratch and positive check-in deadlines are identical). For Sunday's distance events swimmers must positively check in by the stated time. Failure to do so will result in the swimmer not being seeded into the event. Any swimmer that does not scratch the event by the scratch deadline (and did not positively check in) will be seeded at "NT".
- Swimmers who are not scratched and who fail to compete in preliminary or timed final heats will be barred from their next individual event. Please note that a medical scratch approved by the referee, counts as an event and is regarded as a DQ, with no penalty imposed.
- Additionally, a swimmer qualifying for a consolation or championship final who fails to compete and who has not scratched, will be barred from further competition in the meet. A swimmer who fails to appear for a final heat on the last day of the meet shall be fined \$50 for each event not swum. Fines must be paid before May 1, 2009. A swimmer shall not be permitted to participate in any further meets sanctioned by CSI until all fines are paid.
- *No Penalty shall apply for Failure to Compete in finals if:*
 1. The Referee is notified in the event of injury or illness and accepts the proof.
 2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the Clerk of Course within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event.
 3. The Referee determines that failure to compete was caused by circumstances beyond the control of the swimmer.

RELAYS: All relays will be swum during preliminaries (Timed Finals for 10/U) on a timed final basis. Relay cards will be given to team coaches, who must list the relay team swimmers' first and last names in order of swim. Failure to do so will prevent the relay team from competing. Upon reporting to the starting block prior to the relay heat in which the team is entered, the completed relay card shall be given to the head timer. No further changes will be permitted. Incomplete or inaccurate relay cards will result in disqualification if discovered after the swim. Attention all teams entered in Thursday's 800 Free Relay event: Clubs may enter one relay team per each event number (9,10,11,12) for the 800 Freestyle Relay. Each team must provide 2 lane timers for each relay entry. Timers should be ready and in place prior to the conclusion of the previous heat.

DISTANCE FREESTYLE EVENTS: The 12/U 500Y Freestyle and the 13 & over 1000Y and 1650Y Freestyle events shall be conducted on a **timed final** basis, swum fastest to slowest, alternating girls and boys. In the 1000Y, the fastest heat of women and men shall be conducted as the first event of finals on Sunday evening. Swimmers must supply their own lap counters, if desired. Except for those swimming on Sunday evening, swimmers must supply their own timers. The meet program is not the final determinant of seeding. Late entries, corrections or scratches may impact which swimmers

will swim in the evening. Seeding will be posted as soon as possible after the scratch deadline.

TIME TRIALS: On a time available basis, time trials may be conducted on **Friday and Saturday only** for swimmers who have qualified and entered an individual event in the meet. Time trials will be held following the preliminary sessions if 30 minutes exists between the conclusion of a session and the scheduled start of the next session. Swimmers are limited to two (2) individual time trials during the course of the meet. Time trials are counted as individual events for the purpose of determining the maximum number of individual events a swimmer may swim each day or over the course of the meet. Time trials will not be offered for either the 1000Y or the 1650Y Freestyle events or on Sunday. Time trial entry fee is \$5.00/ individual event and \$10/ relay event. Time trial swimmers must provide their own timers and counters. Time trial requests must be submitted to the Administrative Referee no later than 10 a.m. each day for swimmers 13/O and 2:30 p.m. for swimmers 12/U. Time trials shall be swum in the order listed in the meet program as follows. Friday: That day's events followed by the remaining events in the meet. Saturday: That day's events followed by the events of the remaining day in the meet, followed by the events of the previous day.

ENTRY PROCEDURES

ENTRY DEADLINE: Entries must be received by **11:00 p.m. Tuesday March 3, 2009**. Club entries will be done using FAST Online Entries.

ENTRY INFORMATION: Clubs will enter using FAST Online Entries. Do not mail a hardcopy. If you wish to enter an adapted athlete, please contact Nan Cooper office@ctswim.org. Connecticut unattached athletes, not affiliated with a club, should email an entry file (*.sd3 or *.cl2) to office@ctswim.org. Payment may be made online at <https://shop.ctswim.org> or by check. Payment may be made online using a credit card (MC or VISA) at <https://shop.ctswim.org> or by check. Credit card payments must be made by Tuesday March 10, 2009. Checks must be postmarked by Tuesday March 10, 2009 and mailed to the address below. CSI reserves the right to remove the unpaid entries from the meet.

Nan Cooper
851 N. Glebe Rd#1311
Arlington, VA 22203
Make payable to: Connecticut Swimming

OUTREACH ATHLETE: Entry fees for CSI registered Outreach Athletes are waived. When submitting the meet entry, the entering club must request, in writing, that the individual entry fees be waived for the Outreach athlete(s) listed on the club's entry. The Entry Chair shall confirm the Outreach status of the athlete(s) using USA Swimming's national registration database. If confirmed, all individual event entry fees shall be waived for that Outreach Athlete(s).

LATE QUALIFIERS AND CORRECTIONS: Any entered club that has a swimmer achieve an initial qualifying time during the period of March 3-8, 2009 must enter, no later than 9 PM, Monday March 9, 2009, using FAST Online Entries. **No improvements in seed time will be accepted.**

CSI is not responsible for entry errors based on incorrect meet files, computer/server errors, software bugs, etc.. **Splash fees for late qualifiers and correction fees are due on or Tuesday March 10, 2009 by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.**

Meet entry corrections will be accepted by the meet entry chair until 9:00PM, Monday March 9, 2009. Under no circumstances will corrections (other than changes of attachment status) be accepted after this time. For **each** correction, including but not limited to event, age group, proof of time, clubs will be assessed \$5.00 in addition to the published splash fee (see examples below). **Only email corrections will be accepted.**

- If John Doe is omitted from a team's entry in six (6) events, his club will be charged \$30.00 in addition to the cost of his entry. Total for John Doe \$60.00.
- If John Doe is entered in the 100 backstroke, but should have been entered in the 100 breaststroke, the fee is \$5.00
- If a relay team is added, the charge will be \$20.00 plus splash fee. Total for additional relay \$30.00.

If any entry times must be corrected, the fee will be \$5.00 per correction. In accordance with CSI rules, proof of time is required and this procedure shall **not** be used to improve seed times. Prior to correcting entry times, the original proof of time will be checked to ensure the correction is not an improvement in seed time.

WORK ASSIGNMENTS:

- Team entry in this meet constitutes acceptance of team responsibility to provide workers as assigned by the Meet Director. All teams are required to provide workers (e.g. safety coordinators, timers, runners, marshals, officials, etc.) in proportion to the size of their entry. Each team's work assignments will be posted on ctswim.org as soon as possible after the entry deadline. Teams who would like to volunteer for specific jobs (computer, announcer, hospitality, office, awards, etc) should contact the Meet Director by February 25, 2009.
- Work assignments for finals will be posted as soon as possible following the closing of finals scratches. Assignments will be based on the number of swimmers each team has entered in final and consolation final heats. Workers should appear and sign in at the pool deck office prior to the beginning of warm-ups and remain through the conclusion of finals.
- Interested officials should apply online at <http://www.ctswim.org/CTNet/CFPaintForm.aspx?f=2> or contact the meet referee **by March 3rd** if your officials are to be counted in your work assignment. This will ensure these assignments are counted in your team's work assignment.
- Work assignments are, unless otherwise stated in the Volunteer Assignment Schedule posted on ctswim.org, for the duration of the session, **including relay events**, and it is the responsibility of the team to provide back-up if for any reason a worker is unable to complete the work assignment. Job descriptions will be posted on the CSI website. Unless otherwise stated in the Volunteer Assignment Schedule, workers must appear and sign in at the pool deck office prior to the second session of warm-ups. Connecticut Swimming, Inc. will fine any team that fails to provide its workers or whose workers do not work for the entire session. Fines must be paid before May 1, 2009, or offending clubs jeopardize their right to participate in future CSI- sponsored events.

Failure to supply worker	\$50 per worker per session
Leaving assignment early	\$35 per worker per session
Arriving late for assignment	\$35 per worker per session

- Each team shall submit the name and telephone number of a team liaison responsible for that team's work assignments (see Meet Entry Summary Sheet). If no representative is shown, the team coach shall be responsible for performing the function of the liaison.

LODGING

Marriott Courtyard
Contact: John Banks
4 Sebeth Dr
Cromwell, CT 06416
860-635-1001
\$99 rate until February 6

Hampton Inn
Contact: Melroy D'Costa
20 Waterchase Dr.
Rocky Hill, CT 06067
860-563-7877
buffet breakfast, refrig/microwave,
free internet

Inn at Middletown
Contact: Mention CT Swimming
70 Main Street
Middletown, CT 06457
860-854-6300
www.innatmiddletown.com

Comfort Inn
Route 372
Cromwell, CT 06416
860-635-4100

Ramada Plaza Hotel
275 Research Parkway
Meriden, CT 06450
203-238-2380

Radisson Hotel
100 Berlin Road
Cromwell, CT 06416
860-635-2000

Super 8 Motel
1 Industrial Drive
Cromwell, CT 06416
800-843-1991

Hawthorne Inn
2387 Wilbur Cross Parkway
Berlin, CT 06037
860-828-4181

2009 SHORT COURSE AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

MARCH 12-15, 2009

THURSDAY, MARCH 12, 2009

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
1	7:02.49	6:12.49	6:11.99	10/U 500Y/400M Free	7:12.49	6:20.74	6:30.99	2	
3	6:01.99	5:18.49	5:28.99	11/12 500Y/400M Free	6:04.99	5:20.99	5:39.99	4	
5	19:07.49	19:07.49	20:14.99	13/14 1650Y/1500 Free	18:59.99	18:59.99	20:19.99	6	
7	18:45.99	18:45.99	19:49.99	15/18 1650Y/1500 Free	18:24.99	18:24.99	19:29.99	8	
9	----	----	----	13/14 800Y Free Relay	----	----	----	10	
11	----	----	----	15/18 800Y Free Relay	----	----	----	12	

FRIDAY MORNING, MARCH 13, 2009

13	2:22.99	2:36.99	2:46.49	13/14 200Y IM	2:20.49	2:34.49	2:41.49	14
15	2:18.49	2:34.49	2:40.99	15/18 200Y IM	2:15.49	2:29.24	2:29.99	16
17	26.74	29.49	30.69	13/14 50Y Free	25.99	28.49	28.99	18
19	25.99	28.49	29.74	15/18 50Y Free	24.49	26.99	26.74	20
21	2:41.99	2:58.24	3:09.99	13/14 200Y Breast	2:42.99	2:59.24	3:07.99	22
23	2:37.49	2:53.99	3:05.49	15/18 200Y Breast	2:36.49	2:51.99	2:59.99	24
25	5:35.99	4:55.74	5:06.99	13/14 500Y/400M Free	5:32.49	4:52.49	5:02.49	26
27	5:27.49	4:48.99	4:56.99	15/18 500Y/400M Free	5:17.49	4:39.49	4:42.49	28
29	----	----	----	13/14 400Y Medley Relay	----	----	----	30
31	----	----	----	15/18 400Y Medley Relay	----	----	----	32

Afternoon Session

33	2:15.74	2:29.24	2:35.99	11/12 200Y Free	2:18.49	2:32.49	2:38.49	34
35	2:37.49	2:52.99	3:01.99	10/U 200Y Free	2:40.99	2:56.99	3:07.99	36
37	31.74	34.99	35.99	11/12 50Y Butterfly	32.74	35.99	38.49	38
39	36.49	39.99	44.49	10/U 50Y Butterfly	37.99	41.99	47.49	40
41	1:11.74	1:18.74	-	11/12 100Y IM	1:12.99	1:20.49	-	42
43	1:22.99	1:31.24	-	10/U 100Y IM	1:23.49	1:32.24	-	44
45	37.24	40.99	43.74	11/12 50Y Breast	38.49	42.24	45.49	46
47	43.24	47.74	50.74	10/U 50Y Breast	44.99	49.49	52.99	48
49	2:34.99	2:50.49	2:59.99	11/12 200Y Back	2:38.99	2:54.99	3:09.99	50
				- 5 Minute Break -				
51	----	----	----	10/U 400Y Medley Relay	----	----	----	52
53	----	----	----	11/12 400Y Medley Relay	----	----	----	54

2009 SHORT COURSE AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

MARCH 12-15, 2009

SATURDAY MORNING, MARCH 14, 2009

<u>GIRLS</u>				<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>
55	----	----	----	13/14 200Y Medley Relay	----	----	----	56
57	----	----	----	15/18 200Y Medley Relay	----	----	----	58
59	57.49	1:03.24	1:07.24	13/14 100Y Free	56.74	1:02.49	1:03.99	60
61	56.49	1:01.74	1:05.49	15/18 100Y Free	53.24	58.74	59.49	62
63	2:29.99	2:44.99	2:55.49	13/14 200Y Butterfly	2:35.49	2:51.24	2:56.49	64
65	2:23.99	2:38.49	2:52.49	15/18 200Y Butterfly	2:26.49	2:40.99	2:45.99	66
67	1:06.24	1:12.99	1:18.49	13/14 100Y Back	1:05.99	1:12.74	1:16.49	68
69	1:04.49	1:10.99	1:16.49	15/18 100Y Back	1:03.99	1:10.49	1:11.99	70
71	5:04.99	5:35.49	5:58.49	13/14 400Y IM	5:05.99	5:36.24	5:58.99	72
73	4:55.99	5:25.49	5:49.49	15/18 400Y IM	4:57.49	5:27.24	5:33.99	74
75	----	----	----	13/14 200Y Free Relay	----	----	----	76
77	----	----	----	15/18 200Y Free Relay	----	----	----	78

Afternoon Session

79	----	----	----	11/12 200Y Medley Relay	----	----	----	80
81	----	----	----	10/U 200Y Medley Relay	----	----	----	82
83	1:10.99	1:17.99	1:23.99	11/12 100Y Back	1:12.74	1:19.99	1:26.49	84
85	1:22.49	1:30.49	1:36.99	10/U 100Y Back	1:24.49	1:32.99	1:39.99	86
87	28.49	31.24	32.49	11/12 50Y Free	28.24	30.99	33.24	88
89	31.99	35.24	36.99	10/U 50Y Free	32.49	35.99	37.74	90
91	1:20.99	1:28.99	1:35.49	11/12 100Y Breast	1:23.99	1:32.49	1:37.99	92
93	1:33.99	1:43.49	1:51.99	10/U 100Y Breast	1:37.99	1:47.49	1:57.49	94
95	2:42.99	2:59.49	3:10.99	11/12 200Y Fly	2:51.49	3:08.99	3:23.99	96
- 5 Minute Break -								
97	----	----	----	10/U 200Y Free Relay	----	----	----	98
99	----	----	----	11/12 200Y Free Relay	----	----	----	100

2009 SHORT COURSE AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

MARCH 12-15, 2009

SUNDAY MORNING, MARCH 15, 2009

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
101	2:05.49	2:17.99	2:25.49	13/14 200Y Free	2:03.49	2:15.99	2:22.49	102	
103	2:01.99	2:14.24	2:21.99	15/18 200Y Free	1:57.99	2:09.74	2:11.99	104	
105	1:05.74	1:12.49	1:17.49	13/14 100Y Butterfly	1:04.99	1:11.49	1:15.49	106	
107	1:02.49	1:08.74	1:13.99	15/18 100Y Butterfly	59.99	1:05.99	1:08.49	108	
109	2:22.99	2:37.49	2:48.49	13/14 200Y Back	2:24.24	2:39.24	2:46.49	110	
111	2:19.49	2:33.49	2:44.99	15/18 200Y Back	2:19.49	2:33.74	2:36.49	112	
113	1:14.49	1:21.99	1:28.49	13/14 100Y Breast	1:13.99	1:21.49	1:27.49	114	
115	1:12.99	1:20.24	1:25.49	15/18 100Y Breast	1:12.49	1:19.74	1:21.99	116	
117	----	----	----	13/14 400Y Free Relay	----	----	----	118	
119	----	----	----	15/18 400Y Free Relay	----	----	----	120	
---BREAK---									
121	11:39.99	10:15.99	10:42.99	13/14 1000Y/800M Free	11:39.99	10:15.99	10:40.99	122	
123	11:09.99	9:49.49	10:27.99	15/18 1000Y/800M Free	10:49.99	9:31.99	10:10.99	124	
Afternoon Session									
125	2:35.49	2:50.49	2:58.99	11/12 200Y IM	2:37.99	2:53.99	3:04.99	126	
127	3:00.49	3:18.49	3:30.99	10/U 200Y IM	3:06.49	3:24.49	3:45.99	128	
129	1:02.49	1:08.74	1:11.74	11/12 100Y Free	1:02.99	1:09.24	1:12.99	130	
131	1:11.49	1:18.74	1:23.24	10/U 100Y Free	1:12.49	1:19.99	1:25.49	132	
133	33.24	36.74	39.49	11/12 50Y Back	33.74	37.24	40.99	134	
135	37.99	41.74	44.99	10/U 50Y Back	38.74	42.74	45.99	136	
137	1:11.74	1:18.74	1:24.99	11/12 100Y Butterfly	1:14.99	1:22.49	1:30.49	138	
139	1:29.49	1:38.49	1:47.99	10/U 100Y Butterfly	1:34.99	1:44.49	1:55.49	140	
141	2:53.99	3:11.49	3:23.49	11/12 200Y Breast	3:01.99	3:19.99	3:37.49	142	
- 5 Minute Break -									
143	----	----	----	10/U 400Y Free Relay	----	----	----	144	
145	----	----	----	11/12 400Y Free Relay	----	----	----	146	