

# All Age Distance Meet

**January 9, 2004**

Hosted by Glastonbury Swimming  
Sanctioned by Connecticut Swimming, Inc. #S02-47

Glastonbury High School  
330 Hubbard Street  
(corner of New London Turnpike)  
Glastonbury, CT 06033

Meet Manager: Ann Hughes 48 Irving Street, Manchester, CT 06040-3082  
(860) 649-5734 or (860) 306-7910  
Hughes4@cox.net

Meet Referee: Bob Hughes 48 Irving Street, Manchester, CT 06040-3082  
(860) 649-5734 or (860) 306-7910  
Hughes4@cox.net

Entry Chairperson: Ann Hughes 48 Irving Street, Manchester, CT 06040-3082  
(860) 649-5734 or (860) 306-7910  
Hughes4@cox.net

Safety Chairperson: Bill Hyatt (860) 633-7076

Pool Emergency Number: (860) 652-7240

**Provisions:** The meet will be run in accordance with USA Swimming rules unless otherwise noted. USA swimming Starting protocol (102.14.2 C and 102.14.4 H) will be followed. Per CSI policy, the “no show” rule will not be in effect. Fly-over starts may be used in the case of over-subscription as determined by the meet referee and meet manager, with proper protocol training of officials from the Officials Chairman. The meet referee and/or the meet manager reserve the right to make any adjustments necessary to ensure fair, safe and efficient running of the meet. Warm-up and start times for all sessions are subject to change depending on the size of the meet. Glastonbury Swimming, Glastonbury Park & Recreation and Glastonbury High School reserve the right to modify and/or cancel the meet for safety or other reasons with the consent of the Connecticut Swimming Program Operations chairperson. Coaches will be required to display USA Swimming registration card in order to be on deck.

**Pool:** Glastonbury pool is a 6 lane, 25 yard facility with non-turbulent lane lines ranging in depth from 4 feet to 13 feet with starting blocks at the deep end. Adequate seating and ample parking is available.

**Handicap/Elderly Accessibility:** GHS is handicap accessible. However, the spectator area is not, so the host has made other provisions. Signs will be posted and/or you may confer with the referee or the meet manager.

**Meet Schedule: Friday evening Warm-up 5:30 pm Start 6:00 pm Conclude 8:30pm**

**Events:** All events will be swum as timed finals and will be deck seeded according to the swimmers' best short course yard times. All events will be seeded fastest to slowest alternating heats girls and boys.

**Eligibility:** Only 2004 USA registered swimmers are eligible and must be registered prior to the entry deadline. The swimmer's age as of January 9, 2003 will determine his/her age for the meet. Out of state teams must submit a signed roster from your LSC with your entry or other acceptable proof that all swimmers hold a current USA registration. All registered swimmers, regardless of age, are eligible to enter senior events.

## Glastonbury All Age Distance Meet - - - continued

**Entry Limitations:** Swimmers may enter 2 individual events.

**Cut Protocol:** 8/U swimmers will be cut first. Teams will be notified of changes by January 5, 2004.

**Entry Deadline:** Entries will be on a first come, first served basis until the session is full utilizing if necessary, the cut protocol listed above. CT teams entered by Tuesday December 30 will be entered first. The final deadline is 9:00pm Wednesday, December 31. Teams whose entries can not be accepted will be notified by January 5. Splash fees for entries that are scratched due to limits will be returned. Changes after the entry is received are at the sole discretion of the entry chairperson concurrent with the meet manager.

**Entry Format:** Teams are encouraged to submit their entries on IBM PC diskettes using HY-TEK TEAM or LSA program. Meet entries may be submitted on an official CSI entry form or a computer generated facsimile. Entries on disk must be accompanied by an original paper copy of the entry. Mail your entry to Ann Hughes at the above address. The evening phone number of a club representative must be included on the form as well as a club mailing address. E-mail and fax numbers are also helpful. Teams submitting their entries on diskettes will receive a copy of the results on diskette for their records. Entries via e-mail (Hughes4@cox.net) in .SD3 or CL2 formats will be accepted if followed in no more than 72 hours by a paper copy accompanied with a check for the splash fees. If any of the swimmers are swimming the meet UNATTACHED, please mark UNAT in RED along side of the swimmers' name on the entry sheet. NT entries are strongly discouraged. Please estimate swimmers' times if necessary, for seeding purposes. In case of dispute, the paper copy will be considered the master form and only official document of entry.

**Entry Fees:** Splash fees are \$6 per event. Make checks payable to GSPO (Glastonbury Swimming Parents Organization) and mail the check with the entry forms to the entry chairperson listed above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it. E-mail entries are not considered official until we receive your check. There will be a \$1 charge for each swimmer, 5 or more, limit of 50, for hand entries.

**Work assignments:** Teams must provide their own timers and counters.

**Officials Contact:** Officials willing to work at this meet are requested to call the meet referee (649-5734 or Hughes4@cox.net) listed above by January 4<sup>th</sup>.

**Scratches:** Coaches will receive a scratch sheet in their information packets listing all of their swimmers and events for the session. Coaches must indicate all scratches on these sheets and turn them in to the computer table within a half-hour prior to the end of warm-ups even if there are no scratches.

**Food:** Food and beverages will be available during the meet. However, food will not be allowed in any area of the building other than the food concession area.

**Information:** Please direct all questions regarding this meet to the meet manager. Since we are the guests of Glastonbury High School, all swimmers, coaches and spectators are expected to treat the facility with respect. It is the responsibility of each team to provide supervision for the swimmers when they are not swimming. Any violation of the rules of sportsmanship and common courtesy could result in expulsion of a swimmer and/or team from the meet. The CSI Code of Conduct will be strictly enforced.

## Order of Events

### Friday Evening Session

5:30 Warm-up, 6:15 Start (Conclude 8:30pm)

Girls		Boys
1	Senior 1,650 Freestyle	2
3	Senior 400 Individual Medley	4
5	12/U 500 Freestyle	6

**Glastonbury All Age Distance Meet - - - continued**

**Directions:** Directions to Glastonbury High School, 330 Hubbard Street, Glastonbury CT 06033

**From 91 South & 91 North**

- ?? Take exit 25 N (Putnam Bridge – Glastonbury Rte 3) follow to right onto Route 2 East – Norwich.
- ?? Take a left at the fork, exit 7 (sign says Rte 17 – Portland)
- ?? Take a second left fork (about  $\frac{3}{4}$  mile) (sign says E. Glastonbury/New London Turnpike)
- ?? This fork will bring you onto New London Turnpike in Glastonbury. Continue past the first traffic light.
- ?? Directly before the 2<sup>nd</sup> traffic light, on your right, will be a green sign that says Hubbard Street and a ramp. Turn right onto the ramp.
- ?? The School is on the left. The pool is on the Gymnasium complex side of the school.

**From Route 84 East & 84 West**

- ?? Take Route 2 East to Exit 7 (left fork on the road) to Route 17
- ?? Take a left at the fork, exit 7 (sign says Rte 17 – Portland)
- ?? Take a second left fork (about  $\frac{3}{4}$  mile) (sign says E. Glastonbury/New London Turnpike)
- ?? This fork will bring you onto New London Turnpike in Glastonbury. Continue past the first traffic light.
- ?? Directly before the 2<sup>nd</sup> traffic light, on your right, will be a green sign that says Hubbard Street and a ramp. Turn right onto the ramp.
- ?? The School is on the left. The pool is on the Gymnasium complex side of the school.

**From Route 2 West**

- ?? Take exit 10 (Manchester); turn left at exit stop sign.
- ?? Turn right at next stop sign onto New London Turnpike
- ?? At 2<sup>nd</sup> stop light (about 2 miles), turn left onto Hubbard Street
- ?? The School is on the left. The pool is on the Gymnasium complex side of the school.

**From Route 2 East**

- ?? Take exit 7 (Norwich) – Left fork on the road to Rte. 17
  - ?? Take a second left fork (about  $\frac{3}{4}$  mile) (sign says E. Glastonbury/New London Turnpike)
  - ?? This fork will bring you onto New London Turnpike in Glastonbury. Continue past the first traffic light.
  - ?? Directly before the 2<sup>nd</sup> traffic light, on your right, will be a green sign that says Hubbard Street and a ramp. Turn right onto the ramp.
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