

# 2006 REGION 1 SHORT COURSE SWIMMING CHAMPIONSHIPS

Friday February 17 thru Monday February 20, 2006

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming, Inc., Sanction # ADO5-388

**Host :** Adirondack Bluefins Swim Club ([www.adbluefins.org](http://www.adbluefins.org))

**Place:** Robison Pool, Rensselaer Polytechnic Institute, Troy, NY vertical ruler  
25 yard 8 lane pool w/continuous warm-up ? warm-down area.  
A deep-water setup will be utilized.  
Colorado Automatic timing system w/scoreboard readout.

**Time:** Friday February 17, 2006

Timed Finals Warm-up 6:00pm Start 6:45pm

(Pool will remain until 9:00pm for warm-up)

Saturday February 18, 2006

Prelims: Warm-up 7:45am start: 9:00am

Finals: Warm-up 5:00pm start: 6:00pm

Sunday February 19, 2006

Prelims: Warm-up 7:45am Start 9:00am

Finals: Warm-up 5:00pm Start 6:00pm

Monday February 20, 2006

Prelims: Warm-up 7:45am Start 9:00am

Finals Warm-up 4:00pm Start 5:00

**Meet Director:** Bob Hotaling, [www.bobbyho99@msn.com](mailto:www.bobbyho99@msn.com)  
11 Meadow Lane  
Albany, NY 12208  
(518) 210-8020

**Meet Marshall:** Margaret Schmidt

**Meet Referee:**

## ENTRY RULES:

The eligibility of a swimmer will be determined by his or her age on **February 17, 2006**.

Rules from the current USA Swimming Technical Rules will be in effect.

Swimmers may enter up to **three (3) individual events per day**. Swimmers may enter **two (2) bonus events** for each event qualified for up to the maximum of three (3) events per day. In the event the meet is oversubscribed, bonus events will be cut first according to seed times and entry fees for these events will be refunded.

Entries must be submitted by **floppy diskette or CD using Hy-Tech Meet Manager or Team Manager software**. Entries may also be emailed to the Meet Director at the email address above.

Entries must be received by **Sunday February 12, 2006**. Entries received after the deadline will be accepted only at the discretion of the meet director. Teams will be notified by **Monday February 13, 2006** of any cuts that occur due to over subscription of the meet. **No telephone entries or deck entries will be allowed.**

## Deck Entries:

Deck entries are not allowed during championship meets.

**Entry Fees:**

Individual Events	\$7.00
Relay Events	\$10.00
Surcharge	\$1.00 per swimmer

**Make checks payable to Adirondack Bluefins**  
**Mail completed entries to : Margaret Schmidt**  
**70 Schoharie Turnpike**  
**Athens, N.Y. 12015**

**e-mail: [dale@mhcable.com](mailto:dale@mhcable.com)**

**USA SWIMMING REGISTRATION:**

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar. ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet.

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site

[www.adirondackswimming.org](http://www.adirondackswimming.org)

Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or [registrar@adirondackswimming.org](mailto:registrar@adirondackswimming.org)

**SWIMMING EVENTS:**

The 1000 yd free style and 1650 freestyle will be swum as timed finals all other events will have a prelim/finals format.

Coaches are asked to declare scratches no later than **45 minutes prior to the beginning of the prelim session**. This includes the 1000 yd and 1650 yd freestyle events. Scratches for finals should be declared within **30 minutes of the announcement of prelim results**. Failure to notify the scoring table so that an alternate can be notified will result in disqualification from the remainder of the meet. Any exceptions (medical or otherwise) will be at the discretion of the meet director.

**WARM-UPS:**

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in designated sprint lanes. We ask that all coaches and swimmers cooperate fully with officials and marshals in charge of the area.

**TIMERS:**

Swimmers in the 1000 yd and 1650 yd freestyle events will be required to provide their own timers and counters. For all other events the Adirondack Bluefins will make every effort to provide timers for all sessions but may ask for volunteers if necessary to avoid delaying the meet. **Each club is asked to provide one timer per session.**

**TIME TRIALS:      \$10.00**

**OFFICIALS:** All USA Swimming certified officials are welcome. Please sign up in the official's room upon arrival at the meet. There will be an officials meeting 45 minutes prior to the beginning of each session. Attendance is mandatory to work the meet.

**MEET POLICY:**

Any swimmer found in an unauthorized area of the facility will be asked to immediately leave the premises and will be disqualified from the remainder of the meet. **No Exceptions!** Coaches please notify your swimmers.

**AWARDS/SCORING:**

Medals will be awarded to the top three (3) finishers in each individual and relay event. Trophies will be awarded to the top male and female high point finishers as well as the top male and female teams.

**CONCESSIONS:**

A wide selection of foods and beverages will be available for all sessions. A swimwear vendor will also be on site to meet the needs of the swimmers.

## 2006 REGION 1 SHORT COURSE SWIMMING CHAMPIONSHIPS

Friday February 17, 2006

Female	Qual. Time	Event	Qual. Time	Male
1	11:17.60	1000 Yd Freestyle Timed Final	10:46.08	2

### Saturday February 18, 2006 Preliminaries - Order of Events

Female	Qual. Time	Event	Qual. Time	Male
3	2:16.29	200 Yd Ind. Medley	2:09.06	4
5	5:27.11	500 Yd Freestyle	5:14.22	6
7	1:14.19	100 Yd Breaststroke	1:07.59	8
9	2:21.49	200 Yd Backstroke	2:12.20	10
11	26.36	50 Yd Freestyle	24.02	12
		10 Minute Break		
13	8:34.16	800 Yd Free Relay	7:52.05	14

### Sunday February 19, 2006 Preliminaries - Order of Events

Female	Qual. Time	Event	Qual. Time	Male
15	1:05.40	100 Yd Backstroke	1:01.68	16
17	2:03.09	200 Yd Freestyle	1:54.11	18
19	1:02.19	100 Yd Butterfly	58.30	20
21	4:58.88	400 Yd Ind. Medley	4:43.23	22
		10 Minute Break		
23	4:30.75	400 Yd Med. Relay	4:06.00	24

### Monday February 20, 2006 Preliminaries - Order of Events

Female	Qual. Time	Event	Qual. Time	Male
25	57.29	100 Yd Freestyle	52.49	26
27	2:41.89	200 Yd Breaststroke	2:29.12	28
29	2:21.21	200 Yd Butterfly	2:10.50	30
		10 Minute Break		
31	4:01.19	400 Yd Free Relay	3:54.99	32
		10 Minute Break		
33	18:58.75	1650 Yd Freestyle Timed Finals all heats will be swum during prelims	18:09.50	34

Please Note: The fastest heat of all relays will be swum with finals. Finals will follow the same order as prelims with the exception of the 1650 freestyle. All heats of the 1650 will be swum during prelims.

# Adirondack Bluefins

ENTRY FEE CALCULATION SHEET Region 1 Championships

February 17-20, 2006 ... RPI

MEET \_\_\_\_\_  
TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-Mail ADDRESS \_\_\_\_\_

Number of Girls Individual Entries	_____	X	\$7.00 = \$	_____
Number of Girl Swimmers	_____	X	\$1.00 = \$	_____
Number of Girls Relays	_____	X	\$10.00 = \$	_____
Number of Boys Individual Entries	_____	X	\$7.00 = \$	_____
Number of Boy Swimmers	_____	X	\$1.00 = \$	_____
Number of Boys Relays	_____	X	\$10.00 = \$	_____

Total Entry Fee Due .....\$ \_\_\_\_\_

Master Entry Sheet Fee (if applicable) .....\$ \_\_\_\_\_

Total Amount Due and Enclosed .....\$ \_\_\_\_\_

*MAKE CHECKS PAYABLE TO Adirondack Bluefins*

This form Must be returned with Entry Report, Check and Hy-Tek Disk

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY  
Adirondack Bluefins assumes no responsibility  
for meet close-out due to late entries**

## **ENTRY DEADLINE.. 02/12/2006**

Mail Entries, Entry Report, This Form and Check to: **Margaret Schmidt  
70 Schoharie Turnpike  
Athens, N.Y. 12015**

\*Entries May be sent E-mail to: e-mail: dale@mhcable.com

*\*Your Team Check Must be received to have entries added to the meet.*