

# CONNECTICUT SWIMMING, INC.

## 2004 CONNECTICUT REGIONAL CHAMPIONSHIP

HELD UNDER SANCTION of USA SWIMMING and CONNECTICUT SWIMMING, INC.  
SANCTION Nos. #S03-50A, S03-50B, S03-50C, S03-50D

FRIDAY, SATURDAY, AND SUNDAY

February 27 - 29, 2004

Sponsored by:  
East Hartford YMCA Laurel Swim Team  
Hamden/North Haven Swimming  
New Canaan Y Aquatic Club  
SoNoCo Swim Club

Any questions regarding the meet, prior to competition, should be directed to the contacts listed below. The sponsors reserve the right to make adjustments based on the time study and/or other factors. In the event of any change in time, teams will be contacted no later than Monday, February 23, 2004.

**DIVISION:** All meet entries are to be submitted to the Connecticut Swimming office. After the entries are received, the teams will be divided into divisions to ensure balanced meets. You will be notified of your division assignment no later than February 23, 2004.

<b>Meet Director:</b>	<u>North Region</u> <u>LEHY</u>	<u>East Region</u> <u>HNHS</u>	<u>West Region</u> <u>NCY</u>	<u>South Region</u> <u>SNCO</u>
	Peter Boucher 860-649-7368 Boucher4Jazz @covoda.com	Laurie Falco 203-248-0479 jfalco@snet.net or susan_gruen@hotmail.com	Mark Sedlak 203-966-4528 x137 ncyac@aol.com	Tim Quill 203-392-6026 quillt1@southernct.edu
<b>Location:</b>	East Hartford H.S.	Hamden H.S.	New Canaan YMCA	SCSU- Southern CT State University
	869 Forbes Street East Hartford, CT 06118	2040 Dixwell Ave. Hamden, CT	564 South Avenue New Canaan, CT 06840	Moore Field House 125 Wintergreen Ave. New Haven, CT 06515
<b>Safety Chairman:</b>	Joann Huffman	Sheila Alexander	Marge Reinhardt	CJ Moran
<b>Emergency Phone.</b>	860-282-3269	203-248-9311	203-966-4528 x120	203-392-6027

<b>Facilities:</b>	6-lane, 25-yard pool with starting blocks at the deep end of the pool (depth - 10 ft). Colorado Timing will be used. Ample deck space for swimmers and spectator seating for 600.	6-lane, 25-yard pool with starting blocks at the deep end of the pool. Colorado Timing. Ample spectator seating.	6 lane, 25-yard pool with a depth of 11.5 feet at the blocks. Colorado timing. Limited spectator seating on observation deck.	25-yard, 8-lane, Colorado timing system, no slip starting blocks. Colorado Timing with Myriad display.
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**Comment:** In the event that there may be a college competition in the Moore Field House, SCSU, the women's locker rooms may become temporarily unavailable. Alternate dressing room will be made available in case of a conflict.

### **HANDICAPPED/DISABLED ACCESS**

New Canaan	Access to the spectator area is by stairway only. The pool deck is at ground floor level. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director
East Hartford	Handicapped parking and ramped access to the pool are located on the south side of the facility. An area has been set aside on the pool deck for limited handicapped seating. Access to this area can be obtained through the men/women locker rooms. Marshals will be located at the pool deck entrances of the locker rooms to assist you. Handicapped bathrooms are available in both the men and women locker rooms. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.
SCSU	SCSU and Moore Field house are handicapped accessible. Please use side door facing Wintergreen Ave. An elevator is available to the spectator's area. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.
Hamden	Hamden H.S. is fully-accessible. Handicap parking is available at main entrance. Use elevator to pool deck and locker rooms. Deck and spectator area is wheelchair accessible. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

### **DIRECTIONS**

New Canaan	Merritt Parkway - <u>From South:</u> Exit 37; turn left at end of ramp. Go .7 miles. YMCA is on right. <u>From North:</u> Exit 37; turn left at end of ramp. Go .5 miles. YMCA is on right. <b>Parking is not allowed on the east side of South Avenue.</b> Parking is available at the Middle School next to the YMCA.
East Hartford	<u>I-91 Northbound</u> - Take exit 25, Route 3. Keep to left and take Route 2 to East Hartford. Exit 5A to Main Street. Turn right at first light to Brewer Street. Turn left at 2nd light and school is about 1/2 mile on left. <u>From North &amp;</u> - Take I-84 Eastbound. Exit Roberts St. Follow signs to Silver Lane. Turn left on Silver Lane. Turn right at Forbes St. (5th light). School will be on right about 3/4 mile. <u>From East</u> - Take I-84 bound to I-384 East. Exit Spencer St./Silver Lane. Turn right onto Spencer (Turns into Silver Lane at town line). Turn left onto Forbes St. School will be on right about 3/4 mile.
SCSU	<u>From New York:</u> I-95, Exit 44 (Kimberly Avenue, Route 10). Turn right at the end of the exit onto Kimberly Avenue, then left at the stoplight onto Ella Grasso Boulevard, Route 10. Ella Grasso Boulevard ends at Crescent Street, near the south entrance to the campus. <u>From New York:</u> Merritt-Wilbur Cross Parkway, Exit 59 (Whalley Avenue). Head south on Whalley Avenue, turn left onto Fitch Street, which bisects the campus. <u>From New London:</u> I-95, Exit 45 (Ella Grasso Boulevard, Route 10). Follow Ella Grasso Boulevard north. Ella Grasso Boulevard ends at Crescent Street, near the south entrance to the campus. <u>From Hartford:</u> Wilbur Cross Parkway, Exit 60 at Dixwell Avenue. Head south on Dixwell Avenue to Arch Street. Turn right at Arch Street and left at Fitch Street, which bisects the campus. <b>Parking will only be allowed in student lots adjacent to Moore Field House.</b>

**There will be no parking available in faculty lots.**

Hamden            From North of New Haven/Hamden: Take Merritt Parkway South to Exit 60. Go left at end of ramp. High school is approx. 50 yards on the left. South of New Haven: Take Merritt Parkway North to Exit 60. Go right at end of ramp. High school is approx. 75 yard on left. Parking is on the left side of the high school. Entrance to the pool is either through the entrance to the left of building or back. The back entrance is not wheelchair accessible.

**RULES:** USA Swimming Rules will govern this meet. Swimmers on deck must be supervised by an USA-registered coach. Coaches will be required to display USA Swimming registration card and/or a coaches deck pass in order to be on deck. Only swimmers entered in this meet shall be allowed in the pool during warm-ups/warm-downs. Children not participating in the meet must be supervised at all times by an adult and are not allowed on the pool deck for any reason. CSI Rules of Conduct will be strictly enforced.

**ELIGIBILITY:** Swimmers must be 2004 CSI registered members of USA Swimming and 8 years or older. A participating swimmer must have swum in at least one CSI-sanctioned meet in the 2003-04 Short Course schedule. Age for the meet will be swimmer's age as of February 27, 2004, with the following directive:

Swimmers shall not be denied the opportunity to attempt to qualify for Short Course Connecticut State Championships because of a birthday occurring within the time frame defined as the "Championship Period". The Championship Period is defined as the first day of the Regional Championships through and including the first day of the CT State Championships for the Short Course season. He/she may compete in the next higher age group if:

- 1) his/her birthday falls within the Championship Period, and as a result would be required to qualify in the next higher age group at the Short Course Connecticut State Championships in that Championship Period, and
- 2) he/she has exceeded the maximum COT for his/her current age, and
- 3) he/she has not exceeded the maximum COT for the higher age group.

The meet director and the referee must be notified prior to the meet.

Swimmers whose birthdays do not occur during the Championship Period shall be required to swim their appropriate age group and shall not be permitted to swim in a higher age group under any circumstances, even though the age groups are defined as 10/U, 12/U, 14/U, etc. These classifications exist only for those swimmers whose birthdays fall within the Championship Period.

**CUTOFF TIMES:** Swimmers must have equaled or bettered the minimum time standard since January 1, 2003, and may not have bettered the maximum time standard with the following exceptions: there shall be no minimum time standard for 50Y events for 12/U swimmers, no minimum time standard for 100Y or less events for 13/O swimmers and no maximum time standard for the 11/12 1650Y Freestyle and 400Y IM. **Swimmers absolutely may not swim an event for the first time at this meet. Swimmers may not compete in any event in which they have achieved a 2004 Short Course Age Group Championship COT. (See Order of Events for Max COT.)** Proof of entry times shall be required for Friday evening events. The manager reserves the right to require proof of entry time for Saturday and Sunday events.

**ENTRIES:** Swimmers may enter a maximum of two (2) individual events on Friday evening and three (3) individual events plus 1 relay on Saturday and Sunday. **Swimmers may compete in a maximum of seven (7) individual events for the meet.** All entries must be on official Connecticut entry forms or a computer-generated facsimile. This form will be considered the official entry record in the event of a dispute. Diskettes must be submitted if entry sheet is computer-generated, but printed copy must be enclosed as well. DECK ENTRIES WILL ABSOLUTELY NOT BE ACCEPTED.

*Proof of time* is the responsibility of each coach. In accordance with CSI policy, (Integrity Statement 1/25/94), the Club from which a swimmer's time cannot be proven, shall be fined the sum of \$100 per event and the swimmer will be barred from the rest of the meet (including relays). The \$100.00 fine must be paid by May 1, 2004, to the Connecticut Swimming office. No swimmer will be eligible to compete in another Connecticut Swimming sanctioned meet until the fine is paid.

**SEEDING:** Swimmers may qualify with times from 25 yard, 25 meter or 50 meter courses. Qualifying times shall be seeded as follows: All conforming times (SCY) shall be arranged from fastest to slowest. Then non-conforming long course meter times (LCM) will be arranged in time order followed by non-conforming short course meter times (SCM). *All times done in other than a 25 yard course, must be marked on the entry form by writing SCM or LCM in red at the*

entry time. Computer entry files should be coded to indicate the course in which the time was achieved.

**DISTANCE EVENT:** The 1650Y Freestyle events will be swum fastest to slowest. Swimmers must supply their own timers and lap counters. The 13/14 and 15/18 1650Y Freestyle events have distinct qualifying times, but the events shall be seeded as single women's and men's events and swum as timed finals. Awards and points shall be determined in separate age categories.

**SCRATCHES:** Scratch sheet system will be used. Coaches will receive a packet containing scratch sheets at the beginning of each session. These sheets must be returned 30 minutes before session begins OR as indicated in packet, with scratched swimmers clearly identified. Referee must be able to read the event and name of swimmer being scratched!

**Packets will only be given to an USA Swimming member with a coach's card. All coaches on deck must be prepared to show their current coaches id card.** Swimmers without a coach will be assigned to a club.

**DEADLINE AND FEES:** All entries must be received **NO LATER THAN NOON, WEDNESDAY, FEBRUARY 18, 2004.** **NOTE: THE NOON DEADLINE IS ABSOLUTE AND INCLUDES HAND CARRIED ENTRIES. LATE ENTRIES WILL NOT BE ACCEPTED.** In order to avoid any problems that may arise with the mail, please send materials in such a way that you have proof of the date the packet was sent/hand delivered. **WAIVE ALL SIGNATURE REQUIREMENTS. EMAIL ENTRIES CANNOT BE ACCEPTED!**

**\*\*\* SUMMARY SHEETS MUST BE INCLUDED WITH THE ENTRY! \*\*\***

**PLEASE NOTE:** Make checks payable: **Connecticut Swimming Inc.**  
Meet entry fee: Splash fees: \$5/individual event; \$10/relay and \$2 relay-only swimmer  
If no electronic (diskette) entry is provided, there is a \$5 manual entry fee per swimmer.

Send entries to: Nan Cooper  
(no email) 27 Cortland Lane  
Glastonbury, CT 06033-3305  
860-657-1164

**LATE QUALIFIERS:** Coaches/Entry contacts may telephone in entries for those swimmers who achieve **initial qualifying times** for Regional Championship the weekend of February 21, 2004, by 10 PM, Sunday, February 22, 2004. Times may not be used to improve seed time. These swimmers will not be included in meet program. Please contact the entry chair listed below to which your team has been assigned.

**LEHY**  
Mike Jackwin  
106 Landers Road  
East Hartford, CT 06118  
860-568-7132  
mjackwin@comcast.net

**HNHS**  
Rob Dietter  
151 Mill Road  
North Haven, CT 06473  
203-239-0128  
pondsct@aol.com

**NCY**  
Elke Higgins  
47 Brushy Ridge Road  
New Canaan, CT 06840  
203-966-8679  
elkehiggins@hotmail.com

**SNCO**  
Jennifer Lyman  
125 Wintergreen Ave.  
New Haven, CT 06515  
203-392-8784  
coachlyman@hotmail.com

**OVERSUBSCRIPTION:** In the event of oversubscription, relays will be cut. We reserve the right to adjust the schedule. Teams will be notified of any change no later than February 23, 2004.

**TIME TRIALS:** There will be no time trials.

**AWARDS & SCORING:**

- ◆ Medals will be awarded for 1-6 places for individual events and 1-3 places for relays.
- ◆ Events will be scored to 6 places.
- ◆ For each region, Team Champions will be awarded to the women's, men's and combined team that earn the most points across all ages. The combined Team Champion trophy for each region will be held in the possession of the winning team for one year and returned to the following year's Regional Championship Meet. Connecticut Swimming will inscribe the name of the Team Champion permanently on the trophy.

◆ **SCORING TABLE**

Individual Events: 7-5-4-3-2-1  
Relays: 14-10-8-6-4-2

**REFRESHMENTS:** Refreshments will be available. Coaches and officials will have complimentary lunch.

**TIMERS:** Teams will be required to supply timers based on the size of their entry. Teams will be notified of the number of timers they will need to supply per session by February 23, 2004. **Please note that timers are required for entire session.** Make your own arrangements. **Failure to fulfill requirements will prevent team from swimming.** Swimmers must provide their own timers and counters for the 1650Y Freestyle.

**OFFICIALS:** Certified USA Swimming officials are welcome and needed to work on deck. Please list names and areas of certification and attach to entry form, or call:

	<u>LEHY</u>	<u>HNHS</u>	<u>NCY</u>	<u>SNCO</u>
<b>REFEREE:</b>	Mike Huffman 860-257-3053 Michael.Huffman @thehartford.com	Clark Cooper 860-633-5624 cvcooper@ntplx.net	Barry Silver 203-655-6620 CTAgeGroup@aol.com	Bill Repass 860-763-1675 edstdtm@aol.com

**WARM-UPS:** All teams must warm-up under the supervision of a coach or marshal. Coaches should register in the office when they arrive in order for their teams to begin warm-up. Any swimmers who do not have a coach in attendance **MUST** report to the Meet Director and have a supervisor assigned. Connecticut Swimming's warm-up guidelines will be observed at all sessions, but the Meet Director reserves the right to assign general warm-ups by team rather than age or sex, if the size of the entry and considerations of safety so require.

<b>SCHEDULE:</b>	<b>LEHY</b>		<b>HNHS</b>		<b>NCY</b>		<b>SNCO</b>	
Friday Evening	All Age Groups		All Age Groups		All Age Groups		All Age Groups	
	5:00-5:45	General	5:00-5:45	General	5:00-5:45	General	5:00-5:45	General
	5:45-5:50	Sprints	5:45-5:50	Sprints	5:45-5:50	Sprints	5:45-5:50	Sprints
	6:00	Start	6:00	Start	6:00	Start	6:00	Start
Saturday/Sunday Morning	12/U Girls and 13/O Boys		12/U Girls and 13/O Boys		12/U Girls and 13/O Boys		12/U Girls and 13/O Boys	
	7:45-8:35	General	7:30-8:20	General	7:30-8:20	General	7:30-8:20	General
	8:35-8:50	Sprints	8:20-8:35	Sprints	8:20-8:35	Sprints	8:20-8:35	Sprints
	9:00	Start	8:45	Start	8:45	Start	8:45	Start
Saturday/Sunday Afternoon	12/U Boys and 13/O Girls		12/U Boys and 13/O Girls		12/U Boys and 13/O Girls		12/U Boys and 13/O Girls	
	1:00-1:50	General	12:45-1:35	General	12:45-1:35	General	1:00-1:50	General
	1:50-2:05	Sprints	1:35-1:50	Sprints	1:35-1:50	Sprints	1:50-2:05	Sprints
	2:15	Start	2:00	Start	2:00	Start	2:15	Start

**ORDER OF EVENTS**  
CONNECTICUT REGIONAL CHAMPIONSHIPS

FRIDAY EVENING, FEBRUARY 27, 2004

<u>Girls</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>Event</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>Boys</u>
1	6:25.50	6:39.99	6:15.50	6:35.99	7:07.50	7:19.99	10/U 500Y Freestyle	7:12.50	7:19.99	6:20.50	6:35.99	6:31.00	6:39.49	2
3	2:33.00	2:54.49	2:28.50	2:51.49	2:15.00	2:35.99	12/U 200Y Freestyle	2:18.00	2:39.99	2:32.00	2:55.99	2:38.00	2:58.99	4
5	5:01.50	5:26.99	4:57.50	5:23.99	5:38.00	5:59.99	14/U 500Y/400M Freestyle	5:42.00	6:06.49	5:01.00	5:29.49	5:09.50	5:32.49	6
7	4:53.50	5:19.99	4:49.00	5:17.49	5:30.00	5:52.49	18/U 500Y/400M Freestyle	5:17.50	5:37.49	4:40.00	5:03.99	4:47.50	5:06.49	8
9	3:23.50	3:47.49	3:16.00	3:43.49	2:59.00	3:22.99	10/U 200Y IM	3:05.00	3:28.99	3:23.50	3:49.99	3:33.50	3:53.99	10
11	-----	6:44.49	-----	6:36.99	-----	6:00.99	12/U 400Y IM	-----	6:10.99	-----	6:47.99	-----	6:55.49	12
13	5:46.00	6:09.49	5:34.00	6:02.99	5:04.50	5:29.99	14/U 400Y IM	5:10.00	5:34.99	5:40.50	6:08.49	5:56.50	6:14.99	14
15	5:42.00	6:06.99	5:30.00	5:59.99	5:00.00	5:27.49	18/U 400Y IM	4:57.50	5:17.49	5:30.00	5:49.49	5:42.00	5:55.49	16

SATURDAY MORNING, FEBRUARY 28, 2004

17	36.50	-----	35.75	-----	32.25	-----	10/U 50Y Freestyle							
18	32.50	-----	30.75	-----	28.25	-----	12/U 50Y Freestyle							
							14/U 200Y IM	2:24.00	2:41.99	2:38.50	2:57.99	2:46.50	3:01.49	19
							18/U 200Y IM	2:17.00	2:32.99	2:31.00	2:48.49	2:38.50	2:51.49	20
21	1:33.00	1:50.49	1:30.00	1:48.49	1:22.00	1:38.49	10/U 100Y Backstroke							
22	1:20.50	1:33.49	1:18.00	1:31.99	1:11.00	1:23.49	12/U 100Y Backstroke							
							14/U 100Y Breaststroke	1:16.50	-----	1:24.00	-----	1:28.00	-----	23
							18/U 100Y Breaststroke	1:12.50	-----	1:20.00	-----	1:23.50	-----	24
25	49.00	-----	47.50	-----	43.00	-----	10/U 50Y Breaststroke							
26	42.50	-----	40.50	-----	37.00	-----	12/U 50Y Breaststroke							
							14/U 200Y Butterfly	2:37.50	2:56.49	2:53.50	3:13.99	2:59.00	3:17.49	27
							18/U 200Y Butterfly	2:26.50	2:42.49	2:41.00	2:58.99	2:46.50	3:01.99	28
29	-----	-----	1:30.00	1:45.49	1:21.50	1:35.99	10/U 100Y IM							
30	2:55.00	3:15.99	2:49.50	3:12.49	2:34.00	2:54.99	12/U 200Y IM							
							14/U 100Y Freestyle	57.00	-----	1:03.00	-----	1:05.50	-----	31
							18/U 100Y Freestyle	53.50	-----	59.00	-----	1:01.50	-----	32
33	1:21.00	1:36.99	1:18.50	1:34.99	1:11.50	1:26.49	12/U 100Y Butterfly							
34	1:42.00	2:01.49	1:39.50	1:59.49	1:30.00	1:48.49	10/U 100Y Butterfly							
							14/U 200Y Backstroke	2:28.00	2:48.99	2:42.50	3:05.99	2:50.00	3:08.99	35
36	3:20.00	3:48.99	3:12.50	3:44.99	2:55.00	3:24.99	12/U 200Y Breaststroke							
							18/U 200Y Backstroke	2:23.00	2:38.99	2:38.00	2:54.99	2:45.00	2:57.99	37
38	-----	-----	-----	-----	-----	-----	11/12 200Y Free Relay							
39	-----	-----	-----	-----	-----	-----	10/U 200Y Free Relay							
							13/14 400Y Free Relay	-----	-----	-----	-----	-----	-----	40
							15/18 400Y Free Relay	-----	-----	-----	-----	-----	-----	41
42	-----	24:14.99	-----	23:44.99	-----	23:44.99	12/U 1650Y Freestyle							

**ORDER OF EVENTS**  
CONNECTICUT REGIONAL CHAMPIONSHIPS

SATURDAY AFTERNOON, FEBRUARY 28, 2004

<u>Girls</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>Event</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>Boys</u>
							10/U 50Y Freestyle	32.00	-----	35.50	-----	37.00	-----	43
							12/U 50Y Freestyle	28.25	-----	31.00	-----	32.50	-----	44
45	2:43.50	3:00.49	2:38.50	2:56.99	2:24.00	2:40.99	14/U 200Y IM							
46	2:39.50	2:57.99	2:36.00	2:54.99	2:20.50	2:38.99	18/U 200Y IM							
							10/U 100Y Backstroke	1:24.00	1:41.49	1:33.50	1:51.49	1:36.50	1:53.49	47
							12/U 100Y Backstroke	1:12.50	1:28.49	1:19.50	1:37.49	1:23.50	1:38.99	48
49	1:26.50	-----	1:23.50	-----	1:16.00	-----	14/U 100Y Breaststroke							
50	1:23.50	-----	1:21.50	-----	1:14.00	-----	18/U 100Y Breaststroke							
							10/U 50Y Breaststroke	44.00	-----	48.00	-----	50.00	-----	51
							12/U 50Y Breaststroke	38.50	-----	42.00	-----	44.50	-----	52
53	2:52.00	3:14.99	2:48.00	3:11.49	2:33.00	2:53.99	14/U 200Y Butterfly							
54	2:45.00	3:07.99	2:42.50	3:04.99	2:26.50	2:47.99	18/U 200Y Butterfly							
							10/U 100Y IM	1:22.50	1:39.49	1:31.00	1:49.49	-----	-----	55
							12/U 200Y IM	2:39.00	3:01.49	2:55.00	3:19.49	3:04.00	3:22.49	56
57	1:06.00	-----	1:04.25	-----	58.25	-----	14/U 100Y Freestyle							
58	1:04.75	-----	1:02.75	-----	56.75	-----	18/U 100Y Freestyle							
							12/U 100Y Butterfly	1:15.50	1:32.99	1:23.00	1:42.49	1:25.50	1:43.99	59
							10/U 100Y Butterfly	1:34.00	1:53.49	1:43.50	2:04.99	1:46.50	2:06.99	60
61	2:43.50	3:03.49	2:39.50	3:00.49	2:25.00	2:43.99	14/U 200Y Backstroke							
							12/U 200Y Breaststroke	3:02.00	3:32.99	3:19.50	3:53.99	3:28.00	3:57.99	62
63	2:38.50	3:00.49	2:35.00	2:56.99	2:20.50	2:40.99	18/U 200Y Backstroke							
							11/12 200Y Free Relay	-----	-----	-----	-----	-----	-----	64
							10/U 200Y Free Relay	-----	-----	-----	-----	-----	-----	65
66	-----	---	-----	-----	-----	-----	13/14 400Y Free Relay							
67	-----	-----	-----	-----	-----	-----	15/18 400Y Free Relay							
							12/U 1650Y Freestyle	-----	24:44.99	-----	24:44.99	-----	25:14.99	68

**ORDER OF EVENTS**  
CONNECTICUT REGIONAL CHAMPIONSHIPS

SUNDAY MORNING, FEBRUARY 29, 2004

<u>Girls</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>Event</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>Boys</u>
69	1:10.50	1:19.49	1:07.50	1:17.99	1:02.00	1:10.99	12/U 100Y Freestyle							
70	1:22.00	1:33.49	1:19.50	1:31.99	1:12.00	1:23.49	10/U 100Y Freestyle							
72	3:08.00	3:38.99	2:57.50	3:34.99	2:41.00	3:15.99	14/U 200Y Breaststroke	2:47.00	3:07.99	3:03.50	3:26.99	3:12.00	3:30.49	71
							12/U 200Y Butterfly							
							18/U 200Y Breaststroke	2:36.50	2:52.49	2:52.00	3:09.99	3:01.00	3:12.99	73
74	43.50	-----	42.00	-----	38.00	-----	10/U 50Y Backstroke							
75	38.00	-----	36.75	-----	33.25	-----	12/U 50Y Backstroke							
							14/U 50Y Freestyle	26.00	-----	28.50	-----	30.00	-----	76
							18/U 50Y Freestyle	24.50	-----	27.00	-----	28.25	-----	77
78	1:45.00	2:02.49	1:41.50	2:00.49	1:32.00	1:49.49	10/U 100Y Breaststroke							
79	1:32.00	1:46.99	1:28.50	1:44.99	1:21.00	1:35.49	12/U 100Y Breaststroke							
							14/U 100Y Butterfly	1:07.50	-----	1:14.50	-----	1:16.50	-----	80
							18/U 100Y Butterfly	1:00.00	-----	1:06.50	-----	1:08.00	-----	81
82	-----	-----	1:18.00	1:31.49	1:11.00	1:22.99	12/U 100Y IM							
83	3:00.00	3:25.99	2:56.00	3:22.49	2:39.50	3:03.99	10/U 200Y Freestyle							
							14/U 200Y Freestyle	2:05.00	2:23.99	2:17.50	2:38.49	2:23.00	2:40.99	84
							18/U 200Y Freestyle	1:58.00	2:13.99	2:10.00	2:27.49	2:15.00	2:29.99	85
86	36.00	-----	34.00	-----	31.50	-----	12/U 50Y Butterfly							
87	41.50	-----	40.00	-----	36.50	-----	10/U 50Y Butterfly							
							14/U 100Y Backstroke	1:07.50	-----	1:14.50	-----	1:18.00	-----	88
							18/U 100Y Backstroke	1:04.00	-----	1:10.50	-----	1:14.00	-----	89
90	2:54.00	3:26.49	2:49.50	3:22.99	2:35.00	3:04.99	12/U 200Y Backstroke							
91	-----	-----	-----	-----	-----	-----	10/U 200Y Medley Rel.							
92	-----	-----	-----	-----	-----	-----	11/12 200Y Medley Rel.							
							13/14 400Y Medley Rel.	-----	-----	-----	-----	-----	-----	93
							15/18 400Y Medley Rel.	-----	-----	-----	-----	-----	-----	94
95	5:23.50	5:53.99	5:17.00	5:50.99	6:02.00	6:29.99	12/U 500Y Freestyle							
							14/U 1650Y Freestyle	19:27.50	21:42.49	19:27.50	21:42.49	19:57.50	21:57.49	96
							18/U 1650Y Freestyle	18:25.00	20:39.99	18:25.00	20:39.99	18:55.00	20:54.99	97

**ORDER OF EVENTS**

**REGIONAL CHAMPIONSHIPS  
SUNDAY AFTERNOON, FEBRUARY 29, 2004**

<u>Girls</u>	<u>LCM Max</u>	<u>LCM Min</u>	<u>SCM Max</u>	<u>SCM Min</u>	<u>SCY Max</u>	<u>SCY Min</u>	<u>Event</u>	<u>SCY Max</u>	<u>SCY Min</u>	<u>SCM Max</u>	<u>SCM Min</u>	<u>LCM Max</u>	<u>LCM Min</u>	<u>Boys</u>
							12/U 100Y Freestyle	1:02.50	1:14.49	1:09.00	1:21.99	1:12.00	1:23.49	98
							10/U 100Y Freestyle	1:12.00	1:26.49	1:19.50	1:34.99	1:23.00	1:36.99	99
100	3:08.50	3:25.99	3:01.00	3:22.49	2:44.50	3:03.99	14/U 200Y Breaststroke							
							12/U 200Y Butterfly	2:51.00	3:24.99	3:08.50	3:44.99	3:16.00	3:48.99	101
102	3:04.00	3:24.99	2:57.50	3:21.49	2:42.00	3:02.99	18/U 200Y Breaststroke							
							10/U 50Y Backstroke	38.25	-----	42.25	-----	44.00	-----	103
							12/U 50Y Backstroke	33.50	-----	37.00	-----	38.50	-----	104
105	30.50	-----	29.25	-----	26.75	-----	14/U 50Y Freestyle							
106	29.75	-----	28.50	-----	26.10	-----	18/U 50Y Freestyle							
							10/U 100Y Breaststroke	1:37.00	1:54.49	1:46.50	2:05.99	1:51.50	2:07.99	107
							12/U 100Y Breaststroke	1:24.00	1:40.49	1:32.50	1:50.49	1:36.50	1:52.49	108
109	1:14.50	-----	1:13.00	-----	1:06.00	-----	14/U 100Y Butterfly							
110	1:11.50	-----	1:10.50	-----	1:03.50	-----	18/U 100Y Butterfly							
							10/U 200Y Freestyle	2:41.00	3:03.99	2:58.50	3:22.49	3:04.50	3:25.99	111
							12/U 100Y IM	1:13.00	1:28.49	1:20.50	1:37.49	-----	-----	112
113	2:22.00	2:40.49	2:18.50	2:37.99	2:06.00	2:23.49	14/U 200Y Freestyle							
114	2:18.50	2:57.49	2:17.00	2:34.49	2:02.50	2:20.49	18/U 200Y Freestyle							
							12/U 50Y Butterfly	32.50	-----	36.00	-----	37.50	-----	115
							10/U 50Y Butterfly	38.00	-----	42.00	-----	44.00	-----	116
117	1:15.50	-----	1:13.50	-----	1:06.50	-----	14/U 100Y Backstroke							
118	1:13.00	-----	1:11.50	-----	1:04.50	-----	18/U 100Y Backstroke							
							12/U 200Y Backstroke	2:39.00	3:14.99	2:54.50	3:33.99	3:05.00	3:37.99	119
							10/U 200Y Medley Rel.	-----	-----	-----	-----	-----	-----	120
							11/12 200Y Medley Rel.	-----	-----	-----	-----	-----	-----	121
122	-----	-----	-----	-----	-----	-----	13/14 400Y Medley Rel.							
123	-----	-----	-----	-----	-----	-----	15/18 400Y Medley Rel.							
							12/U 500Y/400M Freestyle	6:05.00	6:32.99	5:20.00	5:53.49	5:30.50	5:56.99	124
125	19:50.00	22:04.99	19:20.00	21:34.99	19:20.00	21:34.99	14/U 1650Y Freestyle							
126	18:52.50	21:17.49	18:52.50	20:47.49	19:22.50	20:47.49	18/U 1650 Freestyle							

ENTRY SUMMARY SHEET

PLEASE NOTE: THIS FORM MUST BE COMPLETED AND RETURNED WITH THE ENTRY, OR THE ENTRY WILL NOT BE ACCEPTED.

CONNECTICUT SWIMMING, INC.  
REGIONAL CHAMPIONSHIP

Club Code: \_\_\_\_\_ Email: \_\_\_\_\_  
Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_  
Club Address: \_\_\_\_\_ Street: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_

EVENT SUMMARY

	<u>Number of Swimmers</u>	<u>Number of Ind. Events</u>	<u>Number of Relays</u>
10/Under Girls	_____	_____	_____
10/Under Boys	_____	_____	_____
11/12 Girls	_____	_____	_____
11/12 Boys	_____	_____	_____
13/Over Girls	_____	_____	_____
13/Over Boys	_____	_____	_____
Total Individual Events	_____	X \$5.00 =	_____
Total Relay Events	_____	X \$10.00 =	_____
Relay-Only Swimmers	_____	X \$2.00 =	_____
Manual Entry Fee	_____	X \$5.00 =	_____
Total Amount Enclosed	_____		

Make checks payable to **Connecticut Swimming, Inc.**

Send entries to: Nan Cooper 27 Cortland Lane Glastonbury, CT 06033-3305

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