

CONNECTICUT SWIMMING

2009 CONNECTICUT REGIONAL CHAMPIONSHIP

HELD UNDER SANCTION of USA SWIMMING and CONNECTICUT SWIMMING
SANCTION Nos. #S08-65A, S08-65B, S08-65C, S08-65D

FRIDAY, SATURDAY, AND SUNDAY
February 27-March 1, 2009

Sponsored by:
Cheshire Y Sea Dog Swim Club
East Hartford YMCA Laurel Swim Team
New Canaan Y Caimans
SoNoCo Swim Club

Any questions regarding the meet, prior to competition, should be directed to the contacts listed below. The sponsors reserve the right to make adjustments based on the time study and/or other factors, with approval from Program Operations. In the event of any change, teams will be contacted no later than Monday, February 23, 2009.

DIVISION: All clubs will enter using FAST Online Entries. Program Operations will divide the teams into divisions to ensure balanced meets. You will be notified of your division assignment no later than February 21, 2009.

	<u>North Region</u> <u>LEHY</u>	<u>East Region</u> <u>CDOG</u>	<u>West Region</u> <u>NCY</u>	<u>South Region</u> <u>SNCO</u>
Meet Director:	Scott C. Burr 860-559-8804 scottcburr@cox.net	Judy Senft 203-451-1444 senft5@sbcgloball.net	Jason Paige 203-966-4528 x137 ncyheadcoach@newcanaanymca.org	Tim Quill 203-392-6026 quillt1@southernct.edu
Entry Chair:	Rick Lessard 860-529-2845 drlessard@yahoo.com	Chris Leach 203-500-0229 leach.burton@cox.net	Kristin Faig 203-966-4528 x131 kfaig@newcanaanymca.org	Tim Quill 203-392-6026 quillt1@southernct.edu
Referee:	Peter Boucher boucher4jazz@covoda.com	Chris Patrell 203-530-4242 spatrell@cox.net	Barry Silver 203-655-6620 barry@midnightgreen.net	Mike Huffman 860-257-3053 Michael.Huffman@thehartford.com
Website:	ghymca.org/1148	www.c-dog.net	www.ncyac.org/	sonocoaquatics.org
Location:	East Hartford Middle School 777 Burnside Avenue East Hartford 06108	Cheshire Community Pool	New Canaan YMCA 564 South Avenue New Canaan 06840	SCSU Moore Field House 125 Wintergreen Ave. New Haven 06515
Safety Chair:	Jacqueline Burr	Liz Aylward	Alicia Guerette	Mike Carlucci
Emergency Phone:	860-622-5684	203-271-3208	203-966-4528 x120	203-392-6027

Facilities:	6-lane, 25-yard pool Colorado Timing Single line scoreboard	10-lane, 25-yard pool. CDOG reserves the right to adjust to 8 lanes. Daktronics Timing. Limited spectator seating (bring chairs).	6-lane, 25-yard pool Colorado Timing. Limited spectator seating.	8-lane 25-yard pool, Colorado Timing .
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Comments: Southern CT State University: In the event that there may be a college competition in the Moore Field House, SCSU, the locker rooms may become temporarily unavailable. Alternate dressing room will be made available in case of a conflict.

New Canaan YMCA: Deck chairs will not be permitted on the competition side of the bulk head. They may only be used on the warm-up/cool-down side of the bulk head

HANDICAPPED/DISABLED ACCESS

New Canaan	Access to the spectator area is by stairway only. The pool deck is at ground floor level. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.
East Hartford	Handicapped parking is located on the Forbes Street entrance side of the facility. An area has been set aside on the pool deck for limited handicapped seating. Access to this area can be obtained through the men/women locker rooms. In order that we may better prepare to assist individuals with special needs, we ask that you contact the Meet Manager, Scott Burr, at 860-559-8804 prior to the meet.
SCSU	SCSU and Moore Field house are handicapped accessible. Please use side door facing Wintergreen Ave. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.
Cheshire	The facility is accessible to the disabled. Please contact the Meet Director with questions.

DIRECTIONS

New Canaan YMCA	Merritt Parkway - <u>From South:</u> Exit 37; turn left at end of ramp. Go .7 miles. YMCA is on right. <u>From North:</u> Exit 37; turn left at end of ramp. Go .5 miles. YMCA is on right. There will be no parking at the YMCA or on Putnam and Surry Roads. Parking will be located in the Saxe Middle School parking lot located adjacent to the YMCA. Overflow parking will also be available at the New Canaan High School. Swimmer drop off and handicap parking will be permitted at the YMCA. <u>I-84 East</u> to Exit 58 Roberts Street. Left onto Roberts Street (1.4 miles). Left onto Forbes > Street (.5 miles). Right onto Burnside Avenue (.1 miles). Right into school parking lot. Entrance to pool at rear of parking lot. <u>I-84 West</u> to Exit 60 US-44 / Middle Turnpike West (2.2 miles). Right onto Burnside Avenue (1.7 miles). Left into school parking lot.
East Hartford Middle School	Entrance to pool at rear of parking lot. Important Notes: 1) There is NO PARKING in the School Service Parking Lot off of Forbes Street Violators will be Towed 2) Park in designated parking spots only, do not park in Fire Lanes Violators will be Towed
SCSU	<u>From New York:</u> I-95, Exit 44 (Kimberly Avenue, Route 10). Turn right at the end of the exit onto Kimberly Avenue, then left at the stoplight onto Ella Grasso Boulevard, Route 10. Ella Grasso Boulevard ends at Crescent Street, near the south entrance to the campus. <u>From New York:</u> Merritt-Wilbur Cross Parkway, Exit 59 (Whalley Avenue). Head south on Whalley Avenue, turn left onto Fitch Street, which bisects the campus. <u>From New London:</u> I-95, Exit 45 (Ella Grasso Boulevard, Route 10). Follow Ella Grasso Boulevard north. Ella Grasso Boulevard ends at Crescent Street, near the south entrance to the campus. <u>From Hartford:</u> Wilbur Cross Parkway, Exit 60 at Dixwell Avenue. Head south on Dixwell Avenue to Arch Street. Turn right at Arch Street and left at Fitch Street, which bisects the campus. Parking will only be allowed in student lots adjacent to Moore Field House. There will be no parking available in faculty lots.
Cheshire Community Pool	From 91 North: to Exit 10 (Rt. 40 ext). Follow to the end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the pool. From 91 South: to 691 West. Take exit 3 off 691, Cheshire. At the light at the end of the ramp, go left, heading South on Rt. 10. Follow Rt. 10 South through Cheshire. Pool is on the left across from the High School. From 84 West: to 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School. From 84 East: to exit 26 (Rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire. Pool is on the left across from the

High School. Overflow parking is available across the street at the high school.

ADAPTED SWIMMING: Any CSI-registered swimmer with a disability as defined by USA Swimming Rules and Regulations should refer to the CSI Adapted Swimming Policy and CSI time standards available on ctswim.org

OUTREACH: CSI has adopted an outreach policy as of October 18, 2007 to enable Outreach athletes to enter this championship meet with their entry fees waived. Further information is set forth in the Entry Fee Section below.

ELIGIBILITY

All the following criteria must be met:

1. Swimmers must be 2009 CSI-registered members of USA Swimming and 8 to 18 years old.
2. A participating swimmer must have swum in at least one CSI regularly-scheduled sanctioned meet in the 2008-2009 Short Course season.
3. Events must not be swum for the first time at this meet.
4. Swimmers must not have bettered the maximum time standards (attached) since January 1, 2008. Proof of time is required for all events.
5. Swimmers may not compete in any event in which they have achieved a 2009 Short Course Age Group Championship qualifying time (COT). This includes LCM, SCM and SCY times (attached).

Age for the meet will be swimmer's age as of February 27, 2009 with the following directive:

Swimmers shall not be denied the opportunity to attempt to qualify for Short Course Age Group Championships because of a birthday occurring within the time frame defined as the "Championship Period". The Championship Period is defined as the first day of the Regional Championships through and including the first day of the Age Group Championships for the Short Course season. He/she may compete in the next higher age group if:

- 1) his/her birthday falls within the Championship Period, and as a result would be required to qualify in the next higher age group at the Short Course Age Group Championships in that Championship Period, and
- 2) he/she has exceeded the maximum COT for his/her current age, and
- 3) he/she has not exceeded the maximum COT for the higher age group.

The meet director and the referee must be notified prior to the meet.

Swimmers whose birthdays do not occur during the Championship Period shall be required to swim their appropriate age group and shall not be permitted to swim in a higher age group under any circumstances, even though the age groups are defined as 10/U, 12/U, 14/U, etc. These classifications exist only for those swimmers whose birthdays fall within the Championship Period.

CUTOFF TIMES: Swimmers must have equaled or bettered the minimum time standard since January 1, 2008, and may not have bettered the maximum time standard with the following exceptions: there shall be no minimum time standard for 50Y events for 12/U swimmers, no minimum time standard for 100Y or less events for 13/O swimmers and no maximum time standard for the 11/12 1650Y Freestyle and 400Y IM. **Swimmers absolutely may not swim an event for the first time at this meet. Swimmers may not compete in any event in which they have achieved a 2009 Short Course Age Group Championship COT. (See Order of Events for Max COT.)**

PROOF OF ENTRY TIMES: FAST Online Entries are automatically pre-proven. All other entries must list the date, meet and location where times were achieved. The results of any USA-sanctioned meet or a meet attested by a USA Referee or CIAC/ Independent Referee will be acceptable as proof of time. Pertinent pages of the meet results from other than *Regularly Scheduled CSI meets* must be included with entry (see USA Rule 102.24). Failure to pre-prove an entry time will prevent the swimmer from being entered in that event. **Proof of time is the responsibility of each coach.** In accordance with CSI policy, (Integrity Statement 1/25/94), the Club from which a swimmer's time cannot be proven, shall be fined the sum of \$100 per event. The \$100.00 fine must be paid by May 1, 2009, to the Connecticut Swimming

office.

ENTRIES: Swimmers may enter a maximum of two (2) individual events on Friday evening and three (3) individual events plus 1 relay on Saturday and Sunday. **Swimmers may compete in a maximum of seven (7) individual events for the meet.** All entries must be on official Connecticut entry forms or a computer-generated facsimile. This form will be considered the official entry record in the event of a dispute. DECK ENTRIES WILL ABSOLUTELY NOT BE ACCEPTED.

SEEDING: Swimmers may qualify with times from 25 yard, 25 meter or 50 meter courses. Qualifying times shall be seeded as follows: All conforming times (SCY) shall be arranged from fastest to slowest. Then non-conforming long course meter times (LCM) will be arranged in time order followed by non-conforming short course meter times (SCM).

DISTANCE EVENT: The 1650Y Freestyle events will be swum fastest to slowest. Swimmers must supply their own timers and lap counters. The 13/14 and 15/18 1650Y Freestyle events have distinct qualifying times, but the events shall be seeded as single women's and men's events and swum as timed finals. Awards and points shall be determined in separate age categories.

SCRATCHES: Scratch sheet system will be used. Coaches will receive a packet containing scratch sheets at the beginning of each session. These sheets must be returned 30 minutes before session begins OR as indicated in packet, with scratched swimmers clearly identified. Referee must be able to read the event and name of swimmer being scratched!

Packets will only be given to USA Swimming coach members. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Swimmers without a coach will be assigned to a club.

DEADLINE AND FEES: CSI clubs will enter using FAST Online Entries. Deadline is **NOON** Tuesday February 17, 2009. Unattached athletes not affiliated with a club should email office@ctswim.org with entry. Club divisions will be posted on ctswim.org on Wednesday February 18, 2009. Clubs will then send payment for entry fees to their assigned host postmarked by 5 PM by Friday February 20, 2009. Host clubs have the right to remove unpaid club entries, with approval from Program Operations.

Meet entry fee: Splash fees: \$5/individual event; \$10/relay and \$2 relay-only swimmer
If no electronic entry is provided, there is a \$5 manual entry fee per swimmer.

OUTREACH ATHLETE: Individual event entry fees for CSI registered Outreach Athletes are waived. When submitting the meet entry, the entering club must request, in writing, that the individual entry fees be waived for the Outreach athlete(s) listed on the club's entry.

Send payment (postmarked by 5 PM by Friday February 22, 2009) to:

LEHY

Rick Lessard
15 Minnie Ln
Wethersfield, CT 06109

Check payable to:
LEHY East Hartford
YMCA

CDOG

Denise Condron
71 Horton Avenue
Cheshire, CT 06410.

Check payable to:
STPA and put **Regionals**
on the memo line

NCY

Kristin Faig
564 South Ave
New Canaan, CT 06840

Check payable to:
NCYAC

SNCO

Tim Quill
125 Wintergreen Ave.
New Haven, CT 06515

Check payable to:
Sonoco Swim Club

LATE QUALIFIERS: Coaches/Entry contacts may telephone or email in entries for those swimmers who achieve **initial qualifying times** for Regional Championship the weekend of February 21-22, 2009, by 10 PM, Sunday, February 22, 2009. No improvements in seed time will be accepted, and swimmers may not enter additional events as late qualifiers if they are already entered in the maximum number of events. Late qualifying entries may not be included in meet program. Please contact the entry chair listed below to which your team has been assigned. Swimmers who achieve times faster than the "max" time listed for an event in which they are entered must scratch from that event on the day of the session

and it is the responsibility of the team which submitted the original entry to ensure that is done – no special contact with the entry chair is required. Events entered and scratched for any reason count toward the maximum number of events a swimmer may enter.

CORRECTIONS: Coaches may add swimmers or events which were omitted from the original entry in error, or make corrections to their entry. All corrections are due by 10 PM Sunday February 22, 2009. Under no circumstances will corrections (other than changes of attachment status) be accepted after this time. For each correction, including but not limited to event or age group, clubs will be assessed \$5.00 in addition to the published splash fee. Only email corrections will be accepted. This process is to be applied only to legitimate errors, not to changed circumstances. For example, swimmers who are correctly entered in the maximum number of events and subsequently achieve a time faster than the “max” time for an event may not use the correction procedure to switch to a different event. (Note: correction fee does not apply to late qualifiers.)

- If John Doe is omitted from a team’s entry in six (6) events, his club will be charged \$30.00 in addition to the cost of his entry. Total for John Doe \$60.00.
- If John Doe is entered in the 100 backstroke, but should have been entered in the 100 breaststroke, the fee is \$5.00
- If a relay team is added, the charge will be \$20.00 plus splash fee. Total for additional relay \$30.00.

LEHY
Rick Lessard
860-529-2845
drlessard@yahoo.com

CDOG
Chris Leach
203-500-0229
leach.burton@cox.net

NCY
Kristin Faig
203-966-4528 x131
kfaig@newcanaanymca.org

SNCO
Tim Quill
203-392-6026
quillt1@southernct.edu

OVERSUBSCRIPTION: In the event of oversubscription, relays will be cut. We reserve the right to adjust the schedule. Teams will be notified of any change no later than February 23, 2009.

TIME TRIALS: There will be no time trials.

AWARDS & SCORING:

- Medals will be awarded for 1-6 places for individual events and 1-3 places for relays.
- Events will be scored to 6 places.
- For each region, Team Champions will be awarded to the women's, men's and combined team that earn the most points across all ages. The combined Team Champion trophy for each region will be held in the possession of the winning team for one year and returned to the following year’s Regional Championship Meet. Connecticut Swimming will inscribe the name of the Team Champion permanently on the trophy.
- **SCORING TABLE:** Individual Events: 7-5-4-3-2-1 Relays: 14-10-8-6-4-2

REFRESHMENTS: Refreshments will be available. Coaches and officials will have complimentary lunch.

TIMERS: Teams will be required to supply timers based on the size of their entry. Teams will be notified of the number of timers they will need to supply per session by February 23, 2009. Please note that timers are required for entire session. It is the responsibility of each team and its coaching staff to organize its assigned timers and make sure they are signed in and present at the timers' meeting for each session. Please consider this well in advance and do not delay the start of the meet. Swimmers must provide their own timers and counters for the 1650Y Freestyle.

OFFICIALS: Certified USA Swimming officials are welcome and needed to work on deck. Please list names and areas of certification and attach to entry form, or contact:

REFEREE	<u>LEHY</u>	<u>CDOG</u>	<u>NCY</u>	<u>SNCO</u>
	Peter Boucher oucher4jazz@covoda.com	Chris Patrell 203-530-4242 spatrell@cox.net	Barry Silver 203-655-6620 barry@midnightgreen.net	Mike Huffman 860-257-3053 Michael.Huffman@thehartford.com

WARM-UPS: All teams must warm-up under the supervision of a coach or marshal. Coaches should register in the office when they arrive in order for their teams to begin warm-up. Any swimmers who do not have a coach in attendance **MUST** report to the Meet Director and have a supervisor assigned. Connecticut Swimming's warm-up guidelines will be observed at all sessions, but the Meet Director reserves the right to assign general warm-ups by team rather than age or sex, if the size of the entry and considerations of safety so require.

SCHEDULE:	East Hartford		Cheshire		New Canaan YMCA		Southern CT State Univ	
Friday Evening	All Age Groups		All Age Groups		All Age Groups		All Age Groups	
	5:00-5:45	General	5:00-5:45	General	5:00-5:45	General	5:00-5:45	General
	5:45-5:55	Sprints	5:45-5:55	Sprints	5:45-5:55	Sprints	5:45-5:50	Sprints
	6:00	Start	6:00	Start	6:00	Start	6:00	Start
Saturday/Sunday Morning	12/U Girls and 13/O Boys		12/U Girls and 13/O Boys		12/U Girls and 13/O Boys		12/U Girls and 13/O Boys	
	7:30-8:20	General	7:30-8:30	General	7:30-8:30	General	7:30-8:20	General
	8:20-8:35	Sprints	8:30-8:40	Sprints	8:30-8:40	Sprints	8:20-8:35	Sprints
	8:45	Start	8:45	Start	8:45	Start	8:45	Start
Saturday/Sunday Afternoon	12/U Boys and 13/O Girls		12/U Boys and 13/O Girls		12/U Boys and 13/O Girls		12/U Boys and 13/O Girls	
	1:00-1:50	General	1:00-2:00	General	1:00-2:00	General	12:15-1:05	General
	1:50-2:05	Sprints	2:00-2:10	Sprints	2:00-2:10	Sprints	1:05-1:20	Sprints
	2:15	Start	2:15	Start	2:15	Start	1:30	Start

ORDER OF EVENTS
CONNECTICUT REGIONAL CHAMPIONSHIPS

FRIDAY EVENING, FEBRUARY 27, 2009

<u>Girls</u>	<u>LCM Max</u>	<u>LCM Min</u>	<u>SCM Max</u>	<u>SCM Min</u>	<u>SCY Max</u>	<u>SCY Min</u>	<u>Event</u>	<u>SCY Max</u>	<u>SCY Min</u>	<u>SCM Max</u>	<u>SCM Min</u>	<u>LCM Max</u>	<u>LCM Min</u>	<u>Boys</u>
1	6:12.00	6:46.92	6:12.50	6:35.88	7:02.50	7:32.49	10/U 500Y Freestyle	7:12.50	7:44.99	6:20.75	6:46.82	6:31.00	7:00.81	2
3	2:36.00	3:00.77	2:29.25	2:56.33	2:15.75	2:37.99	12/U 200Y Freestyle	2:18.50	2:42.99	2:32.50	3:01.91	2:38.50	3:08.43	4
5	5:07.00	5:27.78	4:55.75	5:18.89	5:36.00	6:04.49	14/U 500Y/400M Freestyle	5:32.50	6:09.99	4:52.50	5:23.70	5:02.50	5:34.83	6
7	4:57.00	5:21.48	4:49.00	5:12.76	5:27.50	5:57.49	18/U 500Y/400M Freestyle	5:17.50	5:39.99	4:39.50	4:57.45	4:42.50	5:07.68	8
9	3:31.00	4:07.97	3:18.50	3:59.94	3:00.50	3:34.99	10/U 200Y IM	3:06.50	3:39.99	3:24.50	4:05.52	3:46.00	4:16.70	10
11	-----	7:02.36	-----	6:52.94	-----	6:09.99	12/U 400Y IM	-----	6:19.99	-----	7:04.10	-----	7:19.29	12
13	5:58.50	6:22.41	5:35.50	6:13.87	5:05.00	5:34.99	14/U 400Y IM	5:06.00	5:42.99	5:36.25	6:22.80	5:59.00	6:36.52	14
15	5:49.50	6:16.70	5:25.50	6:08.29	4:56.00	5:29.99	18/U 400Y IM	4:57.50	5:20.99	5:27.25	5:58.24	5:34.00	6:11.09	16

SATURDAY MORNING, FEBRUARY 28, 2009

17	37.00	-----	35.25	-----	32.00	-----	10/U 50Y Freestyle							
18	32.50	-----	31.25	-----	28.50	-----	12/U 50Y Freestyle							
							14/U 200Y IM	2:20.50	2:42.49	2:34.50	3:01.35	2:41.50	3:09.60	19
							18/U 200Y IM	2:15.50	2:34.99	2:29.25	2:52.98	2:30.00	3:00.85	20
21	1:37.00	1:57.22	1:30.50	1:51.60	1:22.50	1:39.99	10/U 100Y Backstroke							
22	1:24.00	1:32.49	1:18.00	1:32.49	1:11.00	1:23.99	12/U 100Y Backstroke							
							14/U 100Y Breaststroke	1:14.00	-----	1:21.50	-----	1:27.50	-----	23
							18/U 100Y Breaststroke	1:12.50	-----	1:19.75	-----	1:22.00	-----	24
25	50.75	-----	47.75	-----	43.25	-----	10/U 50Y Breaststroke							
26	43.75	-----	41.00	-----	37.25	-----	12/U 50Y Breaststroke							
							14/U 200Y Butterfly	2:35.50	3:02.99	2:51.25	3:24.23	2:56.50	3:31.30	27
							18/U 200Y Butterfly	2:26.50	2:44.99	2:41.00	3:04.14	2:46.00	3:10.52	28
29	-----	-----	1:31.25	1:45.99	1:23.00	1:37.99	10/U 100Y IM							
30	2:59.00	3:27.60	2:50.50	3:20.88	2:35.50	2:59.99	12/U 200Y IM							
							14/U 100Y Freestyle	56.75	-----	1:02.50	-----	1:04.00	-----	31
							18/U 100Y Freestyle	53.25	-----	58.75	-----	59.50	-----	32
33	1:25.00	1:40.90	1:18.75	1:38.76	1:11.75	1:28.49	12/U 100Y Butterfly							
34	1:48.00	2:14.54	1:38.50	2:11.69	1:29.50	1:57.99	10/U 100Y Butterfly							
							14/U 200Y Backstroke	2:24.25	2:54.99	2:39.25	3:15.30	2:46.50	3:26.11	35
36	3:23.50	3:59.17	3:11.50	3:54.36	2:54.00	3:29.99	12/U 200Y Breaststroke							
							18/U 200Y Backstroke	2:19.50	2:40.99	2:33.75	2:59.68	2:36.50	3:09.62	37
38	-----	-----	-----	-----	-----	-----	11/12 200Y Free Relay							
39	-----	-----	-----	-----	-----	-----	10/U 200Y Free Relay							
							13/14 400Y Free Relay	-----	-----	-----	-----	-----	-----	40
							15/18 400Y Free Relay	-----	-----	-----	-----	-----	-----	41
42	-----	24:36.91	-----	23:55.68	-----	23:59.99	12/U 1650Y Freestyle							

ORDER OF EVENTS
CONNECTICUT REGIONAL CHAMPIONSHIPS

SATURDAY AFTERNOON, FEBRUARY 28, 2009

<u>Girls</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>Event</u>	<u>SCY</u> <u>Max</u>	<u>SCY</u> <u>Min</u>	<u>SCM</u> <u>Max</u>	<u>SCM</u> <u>Min</u>	<u>LCM</u> <u>Max</u>	<u>LCM</u> <u>Min</u>	<u>Boys</u>
							10/U 50Y Freestyle	32.50	-----	36.00	-----	37.75	-----	43
							12/U 50Y Freestyle	28.25	-----	31.00	-----	33.25	-----	44
45	2:46.50	3:05.69	2:37.00	2:59.68	2:23.00	2:40.99	14/U 200Y IM							
46	2:41.00	3:04.53	2:34.50	2:58.56	2:18.50	2:39.99	18/U 200Y IM							
							10/U 100Y Backstroke	1:24.50	1:44.99	1:33.00	1:57.18	1:40.00	2:05.74	47
							12/U 100Y Backstroke	1:12.75	1:29.99	1:20.00	1:40.44	1:26.50	1:47.77	48
49	1:28.50	-----	1:22.00	-----	1:14.50	-----	14/U 100Y Breaststroke							
50	1:25.50	-----	1:20.25	-----	1:13.00	-----	18/U 100Y Breaststroke							
							10/U 50Y Breaststroke	45.00	-----	49.50	-----	53.00	-----	51
							12/U 50Y Breaststroke	38.50	-----	42.25	-----	45.50	-----	52
53	2:55.50	3:24.30	2:45.00	3:20.88	2:30.00	2:59.99	14/U 200Y Butterfly							
54	2:52.50	3:12.95	2:38.50	3:09.72	2:24.00	2:49.99	18/U 200Y Butterfly							
							10/U 100Y IM	1:23.50	1:41.99	1:32.25	1:50.49	-----	-----	55
							12/U 200Y IM	2:38.00	3:07.99	2:54.00	3:29.81	3:05.00	3:39.36	56
57	1:07.25	-----	1:03.25	-----	57.50	-----	14/U 100Y Freestyle							
58	1:05.50	-----	1:01.75	-----	56.50	-----	18/U 100Y Freestyle							
							12/U 100Y Butterfly	1:15.00	1:39.99	1:22.50	1:51.60	1:30.50	1:55.20	59
							10/U 100Y Butterfly	1:35.00	2:03.99	1:44.50	2:18.38	1:55.50	2:22.85	60
61	2:48.50	3:10.77	2:37.50	3:02.47	2:23.00	2:43.49	14/U 200Y Backstroke							
							12/U 200Y Breaststroke	3:02.00	3:39.99	3:20.00	4:05.52	3:37.50	4:16.40	62
63	2:45.00	3:09.60	2:33.50	3:01.35	2:19.50	2:42.49	18/U 200Y Backstroke							
							11/12 200Y Free Relay	-----	-----	-----	-----	-----	-----	64
							10/U 200Y Free Relay	-----	-----	-----	-----	-----	-----	65
66	-----	----	-----	-----	-----	-----	13/14 400Y Free Relay							
67	-----	-----	-----	-----	-----	-----	15/18 400Y Free Relay							
							12/U 1650Y Freestyle	-----	24:59.99	-----	24:55.50	-----	25:54.39	68

ORDER OF EVENTS
CONNECTICUT REGIONAL CHAMPIONSHIPS

SUNDAY MORNING, MARCH 1, 2009

Girls	LCM Max	LCM Min	SCM Max	SCM Min	SCY Max	SCY Min	Event	SCY Max	SCY Min	SCM Max	SCM Min	LCM Max	LCM Min	Boys
69	1:11.75	1:22.37	1:08.75	1:20.35	1:02.50	1:11.99	12/U 100Y Freestyle							
70	1:23.25	1:35.53	1:18.75	1:33.18	1:11.50	1:23.49	10/U 100Y Freestyle							
							14/U 200Y Breaststroke	2:43.00	3:14.99	2:59.25	3:37.62	3:08.00	3:47.26	71
72	3:11.00	3:50.41	2:59.50	3:50.41	2:43.00	3:22.99	12/U 200Y Butterfly							
							18/U 200Y Breaststroke	2:36.50	2:55.99	2:52.00	3:16.42	3:00.00	3:25.12	73
74	45.00	-----	41.75	-----	38.00	-----	10/U 50Y Backstroke							
75	39.50	-----	36.75	-----	33.25	-----	12/U 50Y Backstroke							
							14/U 50Y Freestyle	26.00	-----	28.50	-----	29.00	-----	76
							18/U 50Y Freestyle	24.50	-----	27.00	-----	26.75	-----	77
78	1:52.00	2:09.30	1:43.50	2:05.55	1:34.00	1:52.49	10/U 100Y Breaststroke							
79	1:35.50	1:52.06	1:29.00	1:48.81	1:21.00	1:37.49	12/U 100Y Breaststroke							
							14/U 100Y Butterfly	1:05.00	-----	1:11.50	-----	1:15.50	-----	80
							18/U 100Y Butterfly	1:00.00	-----	1:06.00	-----	1:08.50	-----	81
82	-----	-----	1:18.75	1:32.49	1:11.75	1:23.99	12/U 100Y IM							
83	3:02.00	3:33.95	2:53.00	3:28.69	2:37.50	3:06.99	10/U 200Y Freestyle							
							14/U 200Y Freestyle	2:03.50	2:24.99	2:16.00	2:41.82	2:22.50	2:47.62	84
							18/U 200Y Freestyle	1:58.00	2:15.99	2:09.75	2:31.77	2:12.00	2:37.21	85
86	36.00	-----	35.00	-----	31.75	-----	12/U 50Y Butterfly							
87	44.50	-----	40.00	-----	36.50	-----	10/U 50Y Butterfly							
							14/U 100Y Backstroke	1:06.00	-----	1:12.75	-----	1:16.50	-----	88
							18/U 100Y Backstroke	1:04.00	-----	1:10.50	-----	1:12.00	-----	89
90	3:00.00	3:39.36	2:50.50	3:29.81	2:35.00	3:07.99	12/U 200Y Backstroke							
91	-----	-----	-----	-----	-----	-----	10/U 200Y Medley Rel.							
92	-----	-----	-----	-----	-----	-----	11/12 200Y Medley Rel.							
							13/14 400Y Medley Rel.	-----	-----	-----	-----	-----	-----	93
							15/18 400Y Medley Rel.	-----	-----	-----	-----	-----	-----	94
95	5:29.00	5:59.70	5:18.50	5:49.95	6:02.00	6:39.99	12/U 500Y Freestyle							
							14/U 1650Y Freestyle	19:00.00	21:44.99	19:00.00	21:41.09	20:20.00	22:32.32	96
							18/U 1650Y Freestyle	18:25.00	20:54.99	18:25.00	20:51.24	19:30.00	21:40.51	97

ORDER OF EVENTS

REGIONAL CHAMPIONSHIPS SUNDAY AFTERNOON, MARCH 1, 2009

Girls	LCM Max	LCM Min	SCM Max	SCM Min	SCY Max	SCY Min	Event	SCY Max	SCY Min	SCM Max	SCM Min	LCM Max	LCM Min	Boys
							12/U 100Y Freestyle	1:03.00	1:15.99	1:09.25	1:24.81	1:13.00	1:28.05	98
							10/U 100Y Freestyle	1:12.50	1:28.99	1:20.00	1:39.32	1:25.50	1:43.12	99
100	3:10.00	3:30.69	2:58.25	3:26.46	2:42.00	3:04.99	14/U 200Y Breaststroke							
							12/U 200Y Butterfly	2:51.50	3:29.99	3:09.00	3:54.36	3:24.00	4:02.48	101
102	3:05.50	3:30.69	2:54.00	3:26.46	2:37.50	3:04.99	18/U 200Y Breaststroke							
							10/U 50Y Backstroke	38.75	-----	42.75	-----	46.00	-----	103
							12/U 50Y Backstroke	33.75	-----	37.25	-----	41.00	-----	104
105	30.70	-----	29.50	-----	26.75	-----	14/U 50Y Freestyle							
106	29.75	-----	28.50	-----	26.00	-----	18/U 50Y Freestyle							
							10/U 100Y Breaststroke	1:38.00	2:02.49	1:47.50	2:16.71	1:57.50	2:23.10	107
							12/U 100Y Breaststroke	1:24.00	1:42.49	1:32.50	1:54.39	1:38.00	1:59.73	108
109	1:17.50	-----	1:12.50	-----	1:05.75	-----	14/U 100Y Butterfly							
110	1:14.00	-----	1:08.75	-----	1:02.50	-----	18/U 100Y Butterfly							
							10/U 200Y Freestyle	2:41.00	3:14.99	2:57.00	3:37.62	3:08.00	3:45.42	111
							12/U 100Y IM	1:13.00	1:30.99	1:20.50	1:37.99	-----	-----	112
113	2:25.50	2:40.09	2:18.00	2:37.99	2:05.50	2:23.49	14/U 200Y Freestyle							
114	2:22.00	2:40.74	2:14.25	2:36.80	2:02.00	2:20.49	18/U 200Y Freestyle							
							12/U 50Y Butterfly	32.75	-----	36.00	-----	38.50	-----	115
							10/U 50Y Butterfly	38.00	-----	42.00	-----	47.50	-----	116
117	1:18.50	-----	1:13.00	-----	1:06.25	-----	14/U 100Y Backstroke							
118	1:16.50	-----	1:11.00	-----	1:04.50	-----	18/U 100Y Backstroke							
							12/U 200Y Backstroke	2:39.00	3:19.99	2:55.00	3:43.20	3:10.00	3:55.56	119
							10/U 200Y Medley Rel.	-----	-----	-----	-----	-----	-----	120
							11/12 200Y Medley Rel.	-----	-----	-----	-----	-----	-----	121
122	-----	-----	-----	-----	-----	-----	13/14 400Y Medley Rel.							
123	-----	-----	-----	-----	-----	-----	15/18 400Y Medley Rel.							
							12/U 500Y/400M Freestyle	6:05.00	6:44.99	5:21.00	5:54.32	5:40.00	6:06.51	124
125	20:15.00	22:03.07	19:07.50	21:26.13	19:07.50	21:29.99	14/U 1650Y Freestyle							
126	19:50.00	21:24.61	18:46.00	20:48.74	18:46.00	20:52.49	18/U 1650 Freestyle							